



## NEWSLETTER Friday 12<sup>th</sup> September 2025

Dear Families,

This week the children have been exploring our school vision and values through our collective worship theme of showing kindness, love and being humble towards others. We reflected on how Jesus demonstrated this by being kind and inviting everyone in. The idea of welcoming all, including those who may have disagreed, plotted against Jesus or the most vulnerable in society is central to the Christian faith and is also a concept shared by many other world faiths.

Just like those who disagreed with Jesus, many of us may not always share the same viewpoint or opinions on global matters. In modern society, it is important that we can share these views freely with one another... it is what makes our local, national and global community diverse and vibrant. At the same time, it's important to remember that how we express our views and opinions can affect others- especially children who are constantly learning from us as adults. If viewpoints and opinions start to make others in society, particularly the most vulnerable, feel uncomfortable, excluded or unsafe, then it should be time to pause, reflect and consider more respectful ways that we can share our opinions or engage in matters that we may feel strongly about.

As a school, we are blessed and proud to have such thoughtful, reflective and considerate children. It is a joy to hear the children reflecting not just on their learning but also on their wider world views. This is something that we explore with the children through their weekly philosophy, RE and PSHE sessions. Thank you for journeying with us as we continue to nurture a school community rooted in kindness, respect and open-hearted dialogue.

Wishing you a safe and happy weekend,

*Mrs Smith  
& Mr Hall*



### DIARY DATES

**Friday 19th September** - Jeans for Genes Day

**Week beginning Monday 22nd September** - Parent consultations

**Monday 29th September**- Y6 Junior Citizenship Trip at Shadwell Fire Station

**Week beginning Monday 6th**

**October**- School Book fair

**Monday 27th October**- Half term

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

## STARS OF THE WEEK

Reception	Grace & Frankie
Year One	Archie & Luna-Mae
Year Two	Claire & Taimullah
Year Three	Aruna & Vinnee
Year Four	Jesse & Josephine
Year Five	Sophia & Pixie
Year Six	James & Rose



### WORSHIP FOCUS

**Exodus 20; Matthew 22:  
36-40**

"Love the Lord your God with all your heart and with all your soul and with all your mind."

"Love your neighbour as yourself"

How can we help and treat one another kindly both in school, in our community and globally?



*Our stars*



*Kindness leaves*

Happy Birthday to you...

Lexie  
Alex  
Oba  
Vienna-Rose  
Jay  
Olivia  
O'Shea  
Amayra



## SCHOOL NOTICE BOARD

# Parent Consultations Week beginning Monday 22nd September

Class teachers will have a sign-up sheet available on Monday the 15th at 3:30 PM, when you collect your child, so you can choose a convenient time.



## SCHOOL NOTICE BOARD

# Year 6 - Applying for Secondary Schools: Applications

Information on secondary schools have been sent home with your child today. If you would like support in applying for schools, please book an appointment with Rachel, our Family Support Officer.

## School applications are now open

Don't miss the deadlines for admission to secondary, primary and nursery schools.

<b>Secondary admissions</b> For children born between 1 September 2014 and 31 August 2015	<b>31 October 2025</b>
<b>Primary admissions</b> For children born between 1 September 2021 and 31 August 2022	<b>15 January 2026</b>
<b>Nursery admissions</b> For children born between 1 September 2022 and 31 August 2023	<b>14 February 2026</b>

Complete your application online at [www.eadmissions.org.uk](http://www.eadmissions.org.uk)

For information about how to apply, scan the QR code or visit [towerhamlets.gov.uk/schooladmissions](http://towerhamlets.gov.uk/schooladmissions)

[schooladmissions@towerhamlets.gov.uk](mailto:schooladmissions@towerhamlets.gov.uk)



SCAN ME



## Secondary Transfer School Visiting Dates for Admission to Year 7 in 2026

We advise that you check the individual schools website for up to date information.



School	Open mornings	Open evenings
<b>Bishop Challoner Catholic School</b> <a href="http://www.bishopchallonerfederacion.towerhamlets.sch.uk">www.bishopchallonerfederacion.towerhamlets.sch.uk</a>	Monday 29 September - Friday 10 October. Please arrive by 9.15am	Thursday 25 September. 4pm
<b>Bow School</b> <a href="http://www.bow-school.org.uk">www.bow-school.org.uk</a>	Monday 22, Thursday 25 & Monday 29 September, Thursday 2, Monday 13 & Thursday 19 October. 9.45am - 11.30am & 4pm	Wednesday 8 October. 4.30pm
<b>Canary Wharf College Crossharbour</b> <a href="http://www.canarywharfcollege.co.uk">www.canarywharfcollege.co.uk</a>	Thursday 2 & Tuesday 7 October. 9am	Tuesday 30 September. 5pm
<b>Central Foundation Girls' School</b> <a href="http://www.central.towerhamlets.sch.uk">www.central.towerhamlets.sch.uk</a>	Wednesday 1, Thursday 2 & Friday 3 October. 9.30-10.30am	Tuesday 30 September. 4.30-6.30pm
<b>George Green's School</b> <a href="http://www.georgegreens.com">www.georgegreens.com</a>	See school website	See school website
<b>Langdon Park School</b> <a href="http://www.langdonparkschool.co.uk">www.langdonparkschool.co.uk</a>	Thursday 18, Friday 19, Tuesday 23 September, Thursday 2 & Friday 3 October. 9-10.15am	Thursday 25 September. 5-7pm
<b>London Enterprise Academy</b> <a href="http://www.londonenterpriseacademy.org">www.londonenterpriseacademy.org</a>	Monday 15 - Friday 26 September. 9.15-11.45am Weekend Saturday 11 October. 10am-1pm	Tuesday 16 September & Thursday 2 October. 4.30-6.30pm
<b>Morpeth School</b> <a href="http://www.morpethschool.org.uk">www.morpethschool.org.uk</a>	Monday 15, Friday 19, Tuesday 23 & Thursday 25 September, Wednesday 8, Monday 13 & Thursday 16 October. 9.30-11.15am	Wednesday 1 October. 4-7pm & Monday 20 October. 2-3.30pm Additional visits: Friday 26 September, Monday & Friday 17 & Wednesday 22 October. 9.30-10.30am Book online to attend an additional visit: <a href="http://www.morpethschool.org.uk/256/admissions-2026">www.morpethschool.org.uk/256/admissions-2026</a>
<b>Mulberry Academy London Dock</b> <a href="http://www.mulberrylondondock.org">www.mulberrylondondock.org</a>	Monday 15 - Friday 19 & Monday 22 - Thursday 25 September. 9-10.30am. Please book online via school website	Tuesday 30 September. 4-6.30pm
<b>Mulberry Academy Shoreditch</b> <a href="http://www.mulberryacademyshoreditch.org">www.mulberryacademyshoreditch.org</a>	Monday 15 - Wednesday 17, Monday 22 - Wednesday 24 September, Monday 29 September - Wednesday 1 October & Monday 6 - Wednesday 8 October. 9.15am Weekend Saturday 11 October. 9-11am	Thursday 2 October. 4-6pm
<b>Mulberry School for Girls</b> <a href="http://www.mulberryschoolforgirls.org">www.mulberryschoolforgirls.org</a>	Monday 15 - Wednesday 17 September. 9.30-10.30am	Tuesday 23 September. 4-6pm
<b>Mulberry Stepney Green</b> <a href="http://www.mulberrystepneygreen.org">www.mulberrystepneygreen.org</a>	Friday 5, Thursday 11, Tuesday 16, Thursday 25 September, Friday 3, Tuesday 7, Thursday 16 & Tuesday 21 October. 9-11am	Wednesday 24 September. 4-6.30pm
<b>Mulberry University Technical College (UTC)</b> <a href="http://www.mulberryutc.org">www.mulberryutc.org</a>	See College website	See College website
<b>Oaklands School</b> <a href="http://www.oaklands.towerhamlets.sch.uk">www.oaklands.towerhamlets.sch.uk</a>	Thursday 18, Tuesday 23, Monday 29 September, Friday 10 & Thursday 16 October. 9.20-10.30am	Wednesday 24 September. 4-6.30pm
<b>Stepney All Saints CofE Secondary School</b> <a href="http://www.stepneyallsaints.school">www.stepneyallsaints.school</a>	Thursday 11, Wednesday 17 & Tuesday 30 September. 9.30-10.45am	Monday 22 September. 4.30-6.30pm Register online to attend at <a href="http://www.stepneyallsaints.school">www.stepneyallsaints.school</a>
<b>St Paul's Way Trust School</b> <a href="http://www.spw.tn.net">www.spw.tn.net</a>	For Families: Monday 15 & Tuesday 16 September. 9.30-11am. For primary school tours: Wednesday 17 September. 9.20-11am Please arrive before 10am to ensure you have time to enjoy a tour of the school.	Thursday 18 September. 3.45-6pm Visits are by appointment only. Book online at <a href="http://www.spw.tn.net">www.spw.tn.net</a>
<b>Swanlea School</b> <a href="http://www.swanlea.co.uk">www.swanlea.co.uk</a>	Wednesday 17, Friday 19, Monday 22 & Thursday 25 September. 9.15-10.15am	Wednesday 1 October. 4-6.30pm Family Fun Day: Saturday 12 September. 10am-5pm
<b>Wapping High School</b> <a href="http://www.wappinghigh.org">www.wappinghigh.org</a>	Thursday 11, Tuesday 16, Thursday 25, Tuesday 30 September, Thursday 9 & Tuesday 14 October. 9am	Thursday 18 September. 4.30-6.30pm

## SCHOOL NOTICE BOARD



# FELIX FRESH

The Felix Project, in partnership with All Saints Church Poplar, will be distributing free fresh fruit and vegetables.

### WHEN

Wednesday  
17th September  
12-2pm

### WHERE

Newby Pl, London E14 0EY  
W3W [///local.spins.chin](http://local.spins.chin)

BRING YOUR BAGS, BOXES, TROLLEYS AND STRONG ARMS, AND TAKE HOME WITH YOU A VARIETY OF DELICIOUS, FRESH FOOD!

Felix | THE FELIX PROJECT



**SCHOOL NOTICE BOARD**

**JEANS  
FOR  
GENES**

**JEANS  
FOR  
GENES**

**Join Us for Jeans for  
Genes Day!  
Friday, 19th September  
2025**

**Wear your favourite jeans  
with the rest of your  
school uniform to help  
support a great cause!**

**Donation buckets will be  
available at every school  
gate –**

**Together, we can make a  
difference!**



## SCHOOL NOTICE BOARD



**NHS**  
North East London  
Community Dental Services



**NHS**  
North East London  
Community Dental Services

### দাঁত খুশি থাকলে, শিশুও খুশি

আমরা টাওয়ার হ্যামলেটে শিশুদের দাঁতের স্বাস্থ্যের উন্নতি করার চেষ্টা করছি। আপনি কি জানেন যে **10 জনের মধ্যে 4টি শিশুর** 5 বছর বয়সের মধ্যেই দাঁতে গর্ত হয়?

আমরা শিশুদের দাঁত সুস্থ ও শক্তিশালী রাখতে সাহায্য করার জন্য, তাদের দাঁতে ফ্লোরাইড ভার্ণিশ (কোটিং) লাগাতে স্কুল পরিদর্শন করি।

এটি গর্ত থেকে রক্ষা করতে সাহায্য করে। সুস্থ দাঁত আপনার শিশুকে দাঁতের ব্যথা ছাড়াই খেতে, কথা বলতে, ঘুমোতে এবং স্কুলে যেতে সাহায্য করবে।

এটি বিনামূল্যের এবং নার্সারি স্কুল, রিসিপিশন ও 1 বছরের শিশুদের জন্য।



আমরা কখন পরিদর্শন করছি তা জানতে আপনার সন্তানের স্কুলের সাথে কথা বলুন। আমাদের শর্ট ফিল্ম দেখতে বা এখানে যেতে QR কোড স্ক্যান করুন

[www.kentcht.nhs.uk/school-dental-bengali-video](http://www.kentcht.nhs.uk/school-dental-bengali-video)

কোড কমিউনিটি হেলথ NHS ফাউন্ডেশন ট্রাস্ট দ্বারা প্রদত্ত পরিষেবা।

আপনার ফোনের ক্যামেরা QR কোডের দিকে ধরুন এবং প্রদর্শিত পপ-আপে ট্যাপ করুন।

### Happy teeth, happy children

We are trying to improve children's dental health in Tower Hamlets. Did you know that **4 in 10 children** have holes in their teeth by the time they are 5 years-old?

We visit schools to put a fluoride varnish (coating) on children's teeth, to help keep them strong and healthy.

This helps protect against holes. Healthy teeth will help your child to eat, speak, sleep and attend school without dental pain.

This is free and is for children in school nurseries, reception and year 1.



Speak to your child's school to find out when we are visiting. Scan the QR code to watch our short film or go to

[www.kentcht.nhs.uk/school-dental-video](http://www.kentcht.nhs.uk/school-dental-video)

Service provided by Kent Community Health NHS Foundation Trust.

Point your phone camera at the QR code and tap the pop up which appears.

### STOP THE FLU! VACCINATE YOUR CHILD! PROTECT YOUR COMMUNITY!



Vaccinating your child will STOP them from being seriously ill this winter and protect vulnerable friends and family.

#### THE INJECTION

We offer a PORK-FREE, GELATINE-FREE injection considered a faith-friendly alternative.

#### NASAL VACCINE

No needles - just quick, painless, effective flu protection (contains gelatine)

OR

IT'S QUICK

IT'S FREE

GIVEN AT SCHOOL

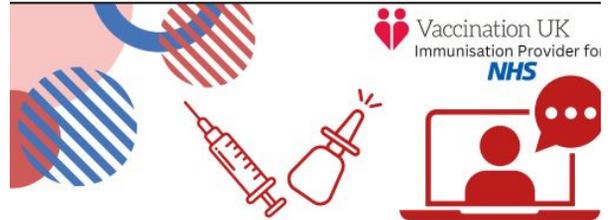
IT PROTECTS YOUR LOVED ONES

To complete a consent form



Scan Here!

Towerhamlets@v-uk.co.uk  
 0207 613 9146  
 [www.schoolvaccination.uk/flu](http://www.schoolvaccination.uk/flu)  
 YouTube: @vaccinationuk



Vaccination UK  
Immunisation Provider for  
NHS

### FREE PARENT WEBINAR: THE FLU VACCINE IN CHILDREN & YOUNG PEOPLE

Join us for a presentation discussing the flu vaccine in children and young people.

Topics covered:

- ✓ Why does my child need the vaccine
- 💡 Side-effects and safety
- 📊 Nasal vs injection (pork gelatine content)
- 📉 Flu data from previous years
- 🗣️ Q&A session

**Wednesday 17th Sept**

8:00 - 9:00pm

[Click here to join](#)

363 003 291 454

jc3J83z5

**Thursday 18th Sept**

6:00 - 7:00pm

[Click here to join](#)

310 543 675 2095

gT7P9ci3

SCHOOL NOTICE BOARD

# LOCAL OFFER

Welcome to Tower Hamlets Family Information Service (FIS) and Local Offer. Find out what is available for all families, children and young people from birth to 25. For further information contact Family Information Service on 020 7364 6495.

<https://www.localoffertowerhamlets.co.uk/>



For parents and carers of children and young people with Special Educational Needs and Disabilities (SEND) from birth to 25 and children and young people independent of their parents.

<https://www.towerhamletsandcitysendiass.com>

## SCHOOL NOTICE BOARD

### Earle Help

Early Help, sometimes known as early intervention, is an approach to providing children, young people and families with support to thrive and reach their full potential.

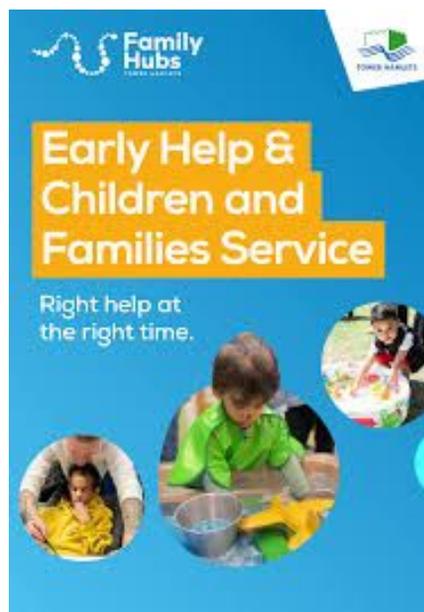
Early Help supports families at the earliest point when they first have challenges, stopping problems from escalating. Parents are encouraged to build on their capacity and resources and are empowered to deal with the challenges they face. Our ambition is for every family to receive the support they need, when they need it.

Timely and flexible support means:

- Better outcomes for families
- Reduced social problems in the community
- More cost-effective overall

For more information, please follow the link below:

[https://www.towerhamlets.gov.uk/lgnl/health\\_social\\_care/children\\_and\\_family\\_care/Early\\_Help/About\\_Early\\_Help.aspx](https://www.towerhamlets.gov.uk/lgnl/health_social_care/children_and_family_care/Early_Help/About_Early_Help.aspx)



## SCHOOL NOTICE BOARD

**Sometimes we may need additional support with our wellbeing. Locally, there are services and professionals that can support you when life may present challenges.**

### **Hub of hope:**

An app that can be downloaded to your phone and can signpost you to local support services. For example:

- Anxiety/Depression/mental health support
- Financial difficulties
- Housing and homelessness



### **For urgent support:**

- **Call the Crisis Line:** Contact the Tower Hamlets Mental Health Crisis Line at 0800 073 0003 for free, 24/7 mental health support.
- **Call NHS 111:** For urgent mental health support, call 111 and select Option 2.
- **Text "SHOUT" to 85258:** For immediate, confidential text support.
- **Visit the Crisis Hub:** For an emergency mental health assessment, you can go to the [Tower Hamlets Crisis Hub](#) at Albion Annex, 333 Whitechapel Road, London E1 1BU.



## SCHOOL NOTICE BOARD

### Talking Therapies

#### Tower Hamlets Talking Therapy

We are open and accepting referrals for those over the age of 18, If you want to refer yourself, please use our online [self-referral form](#) or call **0208 175 1770**. For all other general queries, please contact us via email at [elft.thtalkingtherapies@nhs.net](mailto:elft.thtalkingtherapies@nhs.net).

<https://www.elft.nhs.uk/tower-hamlets-talking-therapies>

#### Young Minds

Young Minds provide young people with the tools to look after their mental health. We empower adults to be the best support they can be to the young people in their lives. And we give young people the space and confidence to get their voices heard and change the world we live in.

<https://www.youngminds.org.uk/parent>

#### Docklands Outreach

Docklands Outreach is health and preventative support agency providing practical and therapeutic support to children (2-13 years old) and young (12-25 years old) living in Tower Hamlets, on a range of emotional and mental health difficulties. These can range from low mood, depression, anxiety, self-harm, to young people affected by racism, family difficulties, identity, culture, alcohol or substance misuse. Or those who need support with accessing positive activities, training or employment opportunities. Support is also provided to parents who have children aged 3-13 years, with emotional, behavioural and conduct disorders.

<https://www.dockout.org.uk/>

## SCHOOL NOTICE BOARD

95%	=	<b>47 LESSONS MISSED EACH YEAR</b> 8 days in total or 1 week and 3 days
90%	=	<b>95 LESSONS MISSED EACH YEAR</b> 16 days in total or 3 weeks and 1 day
85%	=	<b>142 LESSONS MISSED EACH YEAR</b> 24 days in total or 4 weeks and 4 days
80%	=	<b>190 LESSONS MISSED EACH YEAR</b> 32 days in total or 6 weeks and 2 days

## ATTENDANCE MATTERS

**WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?**

### BE SMART BE THERE!

Percentages based on 190 academic days

#### Polite reminder:

**Children need to be in school on time.**

**Gates open at 8:45 and close at 8:55.**

**Early morning learning at this time sets the children up for the day.**



Every day matters.  
Every minute counts.

Attending primary school regularly provides a wealth of social, health and academic benefits for children.

"Going to school helps me achieve my very best."

If your child is struggling with attending school, or for further help and support, visit [towerhamlets.gov.uk/EveryDayMatters](https://towerhamlets.gov.uk/EveryDayMatters)

Our Attendance Welfare Officer (AWA), Lina Rahman, attends school every Tuesday morning. Lina checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences. Holidays should also be taken in school holidays and not in term time.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on [https://www.towerhamletstogether.com/files/Care\\_Confident\\_Booklet\\_A5\\_InteractiveBooklet2.pdf](https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf) on common illnesses and when to seek support. Additional sports, including swimming, benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!



## SCHOOL NOTICE BOARD

### **Partnership**

Dear Families,

Our partnership with St. John's of Jerusalem began this term with shared Safeguarding staff training for our three schools at St. Paul with St. Luke, alongside St. Saviour's. It was lovely to see our strength in numbers, and in the coming weeks, we will be exploring ways in which collaboration can further strengthen us.

### **Safeguarding**

Over the summer, a small number of you have been in touch wanting to know more about how we keep our children happy, healthy and safe when they are in school.

This is an area that we pride ourselves in. We have robust safeguarding policies in place, our staff receive regular training about how we should respond to the many scenarios we may face, and external validation continues to show that we do all that we can to care for our children while they are with us.

That being said, we are always looking at how we can improve things and are always looking at best practice across the sector. We are also in regular contact with relevant authorities to understand if there are any wider issues that we should be aware of. If anything was raised through these conversations, then we would manage that appropriately.

In fact, safety is always something that is at the forefront of our minds – and we will leave no stone unturned to ensure that our children feel safe and supported while they are in our care.

If over the summer holiday you have changed address or phone number, please make sure that the office has been informed.

### **Attendance**

It is a parent/carer's responsibility to notify school if their child is absent. A reason must be provided. If the school does not receive a call then there will be a telephone call made home. If after three consecutive days there is no communication from a parent, then the school may complete a home visit. School will seek guidance from the local authority advisor.

## SCHOOL NOTICE BOARD

### Polite reminders

- As a school with '**Healthy School Status**', we would like to remind families that we would like your support in making sure that your child comes to school with a healthy packed lunch. There are ideas within the newsletter on what you can prepare for lunch.
- We are a **nut free school** and do have children and staff with nut allergies. Please do not send nut products and products containing nuts into school.
- As it is the start of a new school year, if your child has any new **medical conditions** that we are unaware, please contact the office immediately.



### Water-Only School Stay Hydrated, Stay Healthy!

At our school, we are committed to promoting healthy habits!

We are a Water-Only School, which means:

- ✓ Water is the only drink allowed during school hours.
- ✓ Bring your water in a clear, reusable bottle.

#### Why Choose Water?

- ✓ Boosts Energy & Focus – Stay alert and ready to learn!
- ✓ Supports Overall Health – Aids digestion, circulation & temperature control.
- ✓ Protects Teeth – No sugar means fewer cavities!
- ✓ Saves Money & the Planet – Reusable bottles reduce waste.



Drink Water. Stay Healthy. Be Your Best!

## SCHOOL NOTICE BOARD

### Pack your child a **HEALTHY LUNCH BOX**

Choose a variety of foods from each food group



Fruit



+

Vegetables



+

Dairy



+

Wholegrains



+

Lean meat & alternatives



=

A Healthy Lunch Box



MAKE WATER YOUR DRINK



PACK ICE BRICKS TO KEEP FOOD COOL



USE A THERMOS TO KEEP FOOD WARM



### Build Your Own Healthy Lunchbox





## SCHOOL NOTICE BOARD

**St Saviour's School**  
*Poplar*

# School Uniform

Red Or Grey Jumpers      White polo top      Red Or Grey Cardigan

Black Joggers      Black Leggings      Grey Trousers      Grey Pinafore Dress      Red Gingham Dress

Grey Shorts      Grey Skirt      Red Tights      Grey Tights      Grey or White Socks

All Black Trainers

All items should be plain with no logos or branding

## BE WELL

HEALTH | WELLNESS | PLAY

### Swim wear rules



All girls' costumes **MUST** be one piece. Two piece costumers are not allowed as the tops come above the children's heads which is unsafe and does not provide modesty.

Costumes must be a tight fit.

Boys must wear swimming trunks and no tops.



No Jewellery allowed including earrings.



Asthma pumps must be brought to the pool.



All pupils must wear a swimming hat (goggles are optional).



Please make sure that all swim wear is marked with the school name and children's names.



TREASURE BOXING CLUB 'feldy

# TOWER HAMLETS

## ACTIVITY PROGRAM

### MONDAYS

5pm Children | 6-12 years old

£4 (Payable online)

**VENUE** Feldy, 18 Aberfeldy Square, E14 0XA

EMAIL FOR FURTHER INFORMATION  
[INFO@TREASUREBOXINGCLUB.COM](mailto:INFO@TREASUREBOXINGCLUB.COM)

[WWW.TREASUREBOXINGCLUB.COM](http://WWW.TREASUREBOXINGCLUB.COM)

St Nicholas Poplar

# All-Age Mass

For primary school-aged children and their carers.  
The service is 30 minutes  
with refreshments, chat and play afterwards.

**Wednesdays**  
at 5.30pm