



NEWSLETTER Friday 14th February 2025

Dear Families,

As I reflect on our start to 2025 and Spring Term I can't help but smile especially when thinking of the children's singing at St Paul's Cathedral as part of a small select group that formed the cathedral choir. They were and are amazing when singing and embody the inspiration of the spirit that is part of our core values. In a world that grows increasingly fragmented and confrontational, events that bring the best of ourselves together matter. Moreover, the year 4s work with the London Symphony Orchestra, and the organist attending with a gigantic organ where Bach and others were played, music has been a real joy.

The reports and pictures of the children's residential trip are beautiful, please have a look, in our view they celebrate the wider purpose of education, of and for the child, and just the child. Thank you to all the people who dressed up for mental health week, our focus is beyond a week, so we will be running our mindfulness curriculum once more. Please do ask about it, we hope it will help children acquire the necessary skills and resilience, to handle the inevitable pressures and changes that are part of life.

Finally, I am aware that there are people who took part in the cognition study with University College London, please do email the researcher for your child's results, they are not released otherwise. Interestingly for us as a school, it is an indicator of what might be needed in our next development plan. If you would like your child to be part of this or the school study on the effects of mindfulness, do contact the researcher or school. We are pleased to continue to develop in ways that the children need and respond using such evidence. Thank you for participating.

Speaking of evidence, thank you to all the people who responded to our surveys at our termly parent meetings;

94.1% of you believe your child is happy at school,
91% are aware of what your child is learning at school,
94% of you feel that your child is safe at school
89% feel that the school makes sure the children are well behaved
94% feel that concerns are dealt with properly

Wishing you a wonderful week and a happy Valentine,

*Mrs Smith
& Mr Hall*



DIARY DATES

**24th Feb - Year 3 & 5 Pizza making
The Brilliant club**

**25th Feb - Year 6 Trip to Bank of England
Museum**

26th Feb - Boys Football tournament

5th March - Ash Wednesday

13th Feb - Year 4, 5 & 6 Science Exhibition

**Half term: Monday 17th February
End of Spring Term: Friday 11th April
Easter holiday: 14th - 25th April 2025**

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK

Reception	Liyani & Ahsan
Year One	Whole Class
Year Two	Lyna & Alby
Year Three	Lexi & Alanna
Year Four	Amara-Rose & Oscar
Year Five	Daniel & Taseen
Year Six	Bonnie & Isambard



WORSHIP FOCUS

Luke 5:1-11

Fishermen on Lake Galilee knew the best time to fish was at night, as during the day the fish descended into the depths of the lake. Jesus, however, told Peter (known as Simon) to let down the fishing nets in the daylight. Then followed a miraculous catch of fish. Peter's response was confession of sin. He recognised the awesomeness of God at work. Peter didn't need to be afraid, God had forgiven him. Peter's response was to leave everything and follow Jesus.



Happy Birthday to you...

Evie	Paris
Zoe	Hafiza
Taimullah	Cairo
Amara-Rose	Xingche
Bobby	Liyana
Josephine	Isla
Ronee	Florence
Ardin	Hayden
Rosie	
Paris	



Our stars



Kindness leaves

SCHOOL NOTICE BOARD

There are **190** days in a school year which leaves **175** days to spend on family time, shopping, appointments and other things.



95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

Congratulations to our top 3 classes for this week !

1st - Year 3 99.53%
2nd - Reception 97.04%
3rd - Year 1 95.59%

Polite reminder:

Children need to be in school every day and on time.
 Gates are open for 10 minutes every day from 8:45 - 8:55. Early morning learning at this time sets the children up for the day. Some have targeted interventions at this time.

Did you know?

10 MINS LATE

EVERY DAY = 33 HOURS LOST LEARNING EACH YEAR.

CAN YOUR CHILD AFFORD TO MISS OUT?

We are aware that some people may find that our pursuit of attendance for all children challenging. The Department of Education has updated its advice for schools and local authorities because of a desire to ensure all children return to school fully.

Year 5 & 6 Gorsefield Residential



SCHOOL NOTICE BOARD



SCHOOL NOTICE BOARD

Reducing Screen Time Workshop, Tuesday 11th March 9am-10am at St Saviours Primary School

covering the following:

- Importance of reducing screen time and its harmful effects including safeguarding perspective
- Practical advice and tips around boundaries and reducing screen time at home
- Resources and examples of activities will be shared on tools parents can use alternatively with their children to improve communication with their children and reduce screen time.

This session is targeted for parents who are struggling to reduce screen time at home, set boundaries and would like to find out practical ways to connect with and communicate with their children. I look forward to seeing you all there.

Farhana Rohim (Early Help School Social Worker)

Dear Parents

Did you know that in Tower Hamlets you are able to refer your children to Speech and Language Therapies yourselves?

The Children's Speech and Language Therapy Service provides assessment and intervention for children and young people with a range of speech, language and communication needs. This will include those who have:

- Developmental Language Disorder (DLD)
- Social Communication difficulties including those associated with Autism Spectrum Disorder (ASD)
- Speech Disorders
- Stammering
- Hearing Impairment
- Complex needs

This is the website for more information <https://www.bartshealth.nhs.uk/>

You can call them on 0207 767 3322 - option 3

and you can email them on bartshealth.thchildrenstherapies@nhs.net

Your doctor can also do this for you because Speech and Language is part of the NHS and is a health need.

It's great if you can let us know if you've contacted Speech and Language yourselves because often times the Therapists want to observe your child at school and we will work with them to put in place the things that your child needs.

If you have any difficulties with any of this then please let Louise Wilcox (SENDCo) know and we will do what we can to move things forward.

Louise Wilcox
SENCo and Assistant Head
St Pauls with St Luke CoE Primary School

I work in this post Thursdays and Fridays ~ please feel free to email me at any time and I will pick up and respond as soon as I can. Kind Regards, Louise.



BE WELL
HEALTH | WELLNESS | PLAY

FAMILY SEN SWIMMING SESSIONS

Open swimming sessions for children with additional needs and their families. Wheelchair accessible centre with accessible changing and facilities available.

Tiller Leisure Centre
Saturdays and Sundays
12:00-12.45 and 13:00-13.45

All children must be accompanied by an adult with a maximum of 2 children per adult. Suitable for children up to 16 years of age. Note these sessions are not instructor lead.

 **Scan to book**

be-well.org.uk
@BeWell_TH
@BeWellTowerHamlets

 TOWER HAMLETS

SCHOOL NOTICE BOARD

Pizza Making for Years 1 & 6



The children had a great time making pizzas with Rachel and Kerry from Juniper Ventures during their DT lesson. A huge thank you to Rachel and Kerry for the tasty pizzas!

SCHOOL NOTICE BOARD

St George —in-the— east

11th February 2025

Dear Parents/Guardians,

We are excited to invite your child(ren) to our **Youth Study Morning on Thursday, 20th February, from 10:00 AM to 1:00 PM**, with the option to stay and use the space for further revision afterward.

This event is open to any young person preparing for upcoming exams. Members of our congregation will be generously offering their time and expertise to support students in their revision. There will be plenty of opportunities to ask questions and get help with any challenging topics.

As part of the day, we will celebrate **Mass at midday**, followed by **lunch**, which will be provided for all attendees.

If your child would like to attend, please let me know and any dietary requirements by 17th February.

We hope this will be a productive and enriching day for all who join us. Please feel free to reach out if you have any questions.

Best wishes,

Elizabeth Stout
Children and Families pastor
children@stgeorgeintheeast.org 07562 779 310

Good Afternoon,

Please find information about St George's Youth Choir and Our Youth Study Morning during Half Term. Letters attached for parents/guardians, but brief blurbs below

Please kindly circulate amongst your contacts.

What is St George's Youth Choir?

St George's Youth Choir is run by St George-in-the-East Church and is proudly the first 'Choir Church' initiative in the country. We are also delighted to be a partner of St Paul's Cathedral's Choral Foundation. Striving for excellence, team spirit, fun, and amazing performance opportunities, we work to help young people grow and be the best they can be. In recent years, we have taken members to sing at St Paul's Cathedral and Kings College, Cambridge. We are an inclusive choir and we welcome children of all faiths, and none.

Where and when does the choir rehearse?

The choir rehearses weekly at St George-in-the-East Church on Wednesdays during term time from 4:00-5:00 PM, with snacks and socialising from 3:45 PM. We celebrate a monthly sung Eucharist as part of our Wednesday evening sessions, which we warmly encourage friends and family to attend. Our unique, diverse and exciting performance schedule will be shared upon signing your child up. How much does it cost? With generous support from St George-in-the-East Church and a number of trusts and foundations, our choir is FREE to join!

How do I confirm my child's place?

Places are limited, so please sign up your child as soon as possible using the following link: <https://forms.gle/H3kgGgPQVvUYUjgDZ>

A member of our team will then be in touch to confirm your child's place.

Youth Study Morning (from yr 6 upwards)

We are excited to invite your child(ren) to our Youth Study Morning on Thursday, 20th February, from 10:00 AM to 1:00 PM, with the option to stay and use the space for further revision afterward. This event is open to any young person preparing for upcoming exams. Members of our congregation will be generously offering their time and expertise to support students in their revision. There will be plenty of opportunities to ask questions and get help with any challenging topics. As part of the day, we will celebrate Mass at midday, followed by lunch, which will be provided for all attendees. If your child would like to attend, please let me know and any dietary requirements by 17th February. We hope this will be a productive and enriching day for all who join us. Please feel free to reach out if you have any questions.

Contact Elizabeth - St George-in-the-East Children and Families Pastor children@stgeorgeintheeast.org 07562 779 310

Many Thanks

Regards

Elizabeth Stout
Children and Families Pastor

St George-In-the-East
Elizabeth@stgeorgeintheeast.org
07562 779 310

Working days:
Tuesdays
Wednesday Afternoon
Fridays
Sunday Morning

WELCOME TO ST GEORGE-IN-THE-EAST

Dear parent/guardian,

It is our privilege to invite your child to join **St George's Youth Choir**. Places have been offered to students who have shown potential and enthusiasm in school and I hope that you will encourage your child to try out our choir and experience the many musical and social opportunities it will offer.

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Will Bruce and Elizabeth Stout

Choir Director and Schools and Families Pastor



woman's Trust

recovery from domestic abuse

Specialist Therapeutic telephone calls with a qualified Counsellor

For 16-18-year-old women & girls

Up to a 60-minute chat, on a weekly basis for up to 10 sessions

At your own time, and at your own pace

As part of the Mula & Ull programme, funded by London Violence Reduction Unit

For women/girls, who self-identify as being at risk of domestic abuse, or who have previously experienced abuse at home and/or in intimate relationships.

To Register:

If you are an organisation referring on behalf of the young woman, please email the completed referral form to office@womanstrust.org.uk.

If you are self-referring, please email us stating your name, telephone number, and that you would like to register for the above calls or call us on 020 7034 0303.

The qualified counsellor will be in touch with you to arrange a mutually convenient time for your call.



Woman's Trust, PO Box 76426, London, W87W 7SL
hether@womanstrust.org.uk facebook/womanstrust instagram/womanstrust
charity number 1143513