

NEWSLETTER Friday 19th April 2024



Welcome back everyone,

We hope you have had a lovely Easter holiday and are rejuvenated for our summer term. This is a time of transition not least in the weather, between brilliant sunshine and hail!

We look forward to our year 6, 5, 4 and 1 pupils taking their SATs, banding, multiplication and phonics national tests respectively showing what they can do. Please ensure your child is in every day so they can do their best. You cannot learn what you have not seen, heard or done and when you skip steps cannot grasp concepts securely and apply them. If they are sick or unable to come in, you can ask their class teacher for the missed learning so they do not feel out of step with their peers. As always, I know we will work together to support children so they can do and be their best.

Every year we endeavour to develop our practice in some way, this time we are writing a special curriculum to support children with their mental health. Being a healthy adult does not just happen when you turn 18, you need knowledge, skills, resilience, and self-regulation with curiosity. Currently, we are piloting a psychology and neuroscience unit on stress with our year 6 pupils.

As always, communication is key to a strong sense of belonging. We hope the newsletters keep you connected and informed, along with our website and X account. Please do not hesitate to talk with us about ideas, questions you may have or support you might require. We look forward to many events in the coming months, especially our sports days on the newly laid pitch! We do have more work planned in the coming months to keep school an exciting place to be for children. Your support and encouragement are appreciated in all these endeavours.

wishing you a wonderful weekend,

*Mrs Smith
& Mr Hall*



DIARY DATES

KS2 Y6 SATs: start the week beginning 13th May

KS2 Y4 multiplication check: starts 3rd June

KS1 Y1 phonics starts 10th June



January 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2024						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

March 2024						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2024						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2024						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2024						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Please remember we are closed to children for Polling on 2nd May

Also BANK Holidays on the 6th May.

SCHOOL NOTICE BOARD

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR
ATTENDANCE
FIGURES
ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

1st – Year 2 99.11

2nd – Year 6 95.57

3rd – Year 4 94.36

Congratulations to our top 3!

Our school target is 96% come on everyone!

Our Attendance Welfare Officer (AWA), Ranu Begum, attends school every Tuesday morning. Ranu checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports including swimming benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK

Reception	Misheel	Ebenezer
Year One	Talia	Vinnee
Year Two	Joseph	Elijah
Year Three	Oscar	Grace
Year Four	Dulcie	Beau
Year Five	Adeola	Samara
Year Six	Joey	Lois-Rachel



WORSHIP FOCUS

The Resurrection
When and by
what have you been
surprised?



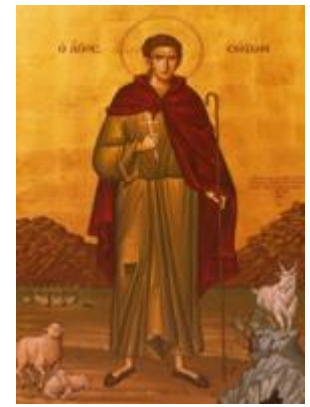
From the lightbulb to
the internet, surprises
are not always
understood and their
impact appreciated



Our stars



Kindness leaves



April Birthdays!



- Adiyan
- Ryan
- Dulcie
- Teddie
- Lillian
- Somachi
- Ella-Rose
- April
- Mitchell
- Kaira
- Alexander
- Ehan
- Anit
- Rahela
- David
- Zaynab

SCHOOL NOTICE BOARD



LOCAL OFFER
localoffer



Tower Hamlets
SEND IASS



TRANSITION EVENT

(For parents of Year 4 and 5 children with EHC plans)

Presentation from SEN Department on
Secondary Transfer
Independent Travel Training
Local Offer & FIS
Meet the Secondary SENCOs

Date:

Wednesday 24th April 2024

Time:

9.30AM – 2.00PM

Venue:

BRADY ARTS CENTRE,
192 – 196 HANBURY ST, LONDON E1 5HU

Lunch will be provided

For more information or to book a place please
contact us on 020 7364 6489 or email:

towerhamlets&city.sendiass@towerhamlets.gov.uk



SCHOOL NOTICE BOARD

Sheet 54

Family Fun!

Ideas to support learning, play and well-being



Cheese Straws

- 375g/13oz **plain flour**
- pinch **salt**
- 225g/8oz **butter**, diced
- 150g/5½oz mature **cheddar**, grated
- 50g/1¾oz freshly grated **parmesan** (or a similar vegetarian hard cheese)
- pinch **English mustard** powder
- small pinch **cayenne pepper**
- 2 free-range **eggs**, yolks only

- Sift the flour and a pinch of salt into a bowl. Using your fingertips, rub in the butter until all the lumps are gone and the texture is like fine breadcrumbs. Stir in the cheese, mustard powder, cayenne, and egg yolks. Add 4-5 tablespoons of cold water and mix to a firm dough.
- Wrap in cling film or a reusable plastic bag and chill in the fridge for 30 minutes.
- Preheat the oven to 190C/375F/Gas 5.
- Line a baking sheet with baking paper. Roll out the dough to a square, roughly the thickness of a £2 coin. Cut the square in half, then cut each half into 1cm/½in strips.
- Transfer carefully onto the lined baking sheet and bake for 10-15 minutes, until crisp, then leave to cool on the tray.



'Upside Down' Snakes and Ladders

A variation on the classic. Flip this beloved board game to extend the fun - you will need a Snakes and Ladders board!

Start at 100 with an aim of getting to square 1. If you hit a snake and slide down you are closer to your goal, meanwhile, if you land on a ladder you go back up and are further away. Add favourite small toys as counters to personalise it.



Cardboard Fortress

Open your cardboard boxes out and copy the turret, window and door arches as above with a pen. Cut them out and add as many boxes together as you have. Place cushions and fairy lights inside for a cosy prince or princess reading corner.

Understanding your thoughts about children's vaccines in Tower Hamlets

Hamlets

General information

We are the Royal Society for Public Health (RSPH) and we help people lead healthier lives. One of the things we do is to ask people what they think about vaccines. We have already spoken to children and teenagers about their thoughts. Now we want to speak to their families and people who work with them.

We need your help

If you are a parent or someone who supports or works with children or teenagers, what you have to say matters to us. Below you will find 3 different sets of questions. Click on the link or use the QR Code to open the set that is relevant to you.



Will you offer vaccines or health advice?

No. We only want to hear what you have to say, learn from your experiences and listen to your suggestions. We will not offer vaccines or health advice.



Will my participation be anonymous?

Yes. We will not collect personal details such as your name, or address. It will be important to know how you support children and young people, that is why we ask about your relationship with the child. But that is all. No one will know who you are or what you said.



Questions for parents, carers and families

If you are a parent or carer, please use this link or this QR code to access the set of questions.



[Click here.](#)

Questions for health and care professionals

If you are a health and care professional, please use this link or this QR code to access the set of questions.



[Click here.](#)

Questions for people working in the educational and volunteering sectors

If you work with education or volunteer in Tower Hamlets, please use this link or this QR code to access the set of questions.



[Click here.](#)

Have you got anything you would like to ask? Feel free to contact us by email policy@rsph.org.uk.

RSPH

The Healthy Families Programme – promoting a healthier lifestyle

FamiliesMatter
Tower Hamlets Parental Engagement Team



Do you want tips on healthy meals and portions?



Do you want to help your whole family to be more active?



How much do you know about hidden sugars?



Are you confused by so called healthy branding?

Sessions include useful tips to make small changes that have a positive impact on family health and well being. Sessions are practical, fun and accessible to all

If you would like to join a course or make a professional's referral for parent/carers, email parentalengagement@towerhamlets.gov.uk

This programme is delivered by the Tower Hamlets Parental Engagement Team



AMPLIFYING LIVES

Are you a woman of Black African (WBA) or Black Caribbean (WBC) heritage and living in East London? We want to hear from you and work with you!

Did you know that WBA and WBC often suffer worse health outcomes compared to other women of the same age in the UK?

We have created a survey to give us an insight into your experiences as part of our research. Please follow the link below or scan the QR code to fill out the survey and claim a £10 voucher as a little thank you for your time!

<http://bit.ly/amplifyingalive>

West Midlands – South East Research Ethics Committee Approval: Reference 20/WM/01310