

NEWSLETTER Friday 4th Nov 2022

Dear Families,

Thank you for all the people who turned up for the public expansion meeting, with members from the Local Authority and the London Diocese.

It was good to think through and respond to some of your questions about outdoor play space or timing and the obvious one of why us. There is a power point on our website with some of the answers for you to look at so you can respond.

As you can see from our birthday year, the school is 157 years old and in that time it has been many things including an all the way through school! Innovation in response to need is what we do, it is part of serving the community and growth only reflects the growth in our local community. Thank you for your support in our next steps.

God bless,

Mrs Smith



Potential expansion!

The planning for our potential expansion is on our website at:

<http://www.st-saviours.towerhamlets.sch.uk/wp-content/uploads/2022/09/St-Saviours-Consultation-Landing-Page-2.pdf>

Learn more by clicking on the link and responding!

It would be wonderful to offer our excellent education, in exactly the same way to a greater number of pupils.

Thank you for your support.



DIARY DATES

10 th Nov	Height and Weigh for Year 6 only
14 th Nov	Odd sock day - All staff and pupils Road Safety Week/ Workshop for Yrs 3, 4 & 5 Anti-bullying week
16 th Nov	Flu vaccination reception- Year 6 (1 st visit)
18 th Nov	Children in Need – Wear any PJ's and donations
29 th Nov	Flu reception- Year 6 (2 nd Visit)
1 st Dec	School Birthday 157!
7 th Dec	Pantomime

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK



Our stars



Kindness leaves



WORSHIP FOCUS

**What do you persist with?
What does it mean to be persistent in our faith?**



2 Timothy 3:14-4:5

Paul urged Timothy to be faithful and persist in what he had been told in his youth. He was to continue to teach God's word, even if people did not want to hear it.



Year 3 enjoyed making bread from scratch.



SCHOOL NOTICE BOARD

AFTER SCHOOL PROVISION

As many of you are aware we run a variety of clubs from a stay and play, to sport clubs, to booster clubs for learning. This enables both after school provision for working parents, children following their special sport interests and keeping healthier along with additional boosts to learning so they can achieve their academic best. Hence the choices are made by parents, pupils and teachers.

The clubs this half term are as follows:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stay & Play		All Week Nursery to Year 6			
£3 per session					
Sport Club			Dodge ball Years 3 & 4	Hockey Years 5 & 6	
Learning Booster	Year 3 & 4	Year 2, 5 & 6			

All payments for clubs need to be made at the start of the term or half term in advance via parent pay. If you are not sure how to please ask Ms Paris or Ms Sablon for support.

Happy Birthday to you...

Adam	3rd	Yr4
Rose	5th	Yr3
Annie-Bella	5th	Yr2
Tilly-Mae	5th	Yr3
Thomas	6th	Yr6
Ayman	7th	Yr3
Hussain	10th	Yr6
Rayna	11th	Yr4
Elijah	12th	Reception
Ellie	13th	Yr3
Charlie	14th	Yr5
Natalie	14th	Yr6
Aron	18th	Yr2
Parker	19th	Yr3
Logan	21st	Yr5
Kieran	22nd	Yr5
Alexander	24th	Yr2
Brooke	24th	Yr2
Bertie	25th	Yr5
Muhammad	30th	Reception

WELLBEING WORKSHOPS

My name is Elizabeth. My role is Health and Wellbeing. I currently work with the school on Tuesdays and Fridays. I work with pupils, staff and families to assist in making healthier choices This could be through a series of talks and/or workshops.

Please feel free to join me on this first set of workshops:

8th November at 9.15am

22nd November at 9.15am

**Please book a space on one of the dates – I hope to see you there! 😊
please contact the office**



Elizabeth

SCHOOL NOTICE BOARD

Christmas Raffle – Hamper Items Needed!

Dear Families,

In the past, our hamper raffle has always been hugely popular and helps to raise invaluable funds for the school.

We are asking each class to create a hamper that can be won just before Christmas.

We would like the hampers to be full of a variety of items so please use your imagination. Remember that it doesn't have to be expensive and can be something that you find in the cupboards.

Some ideas are non-perishable festive food items: biscuits, chocolate, crackers, a bottle, candles or a beauty item.

- | | |
|----------------------|---|
| Nursery & Reception: | Bags of Sweets |
| Years 1 & 2: | Cakes and Biscuits |
| Years 3 & 4: | Bottles of Drinks (non-alcoholic/alcoholic) |
| Years 5 & 6: | Chocolate |

We would be grateful if the donations are sent into school starting from **Monday 7th November**. Boxes will be in your child's classroom where they can be dropped off!

As always, thank you in advance for your generosity and support.

Best Wishes.

Mrs Rachel Sablon
Family Support Officer

NON-UNIFORM WEAR YOUR PJ'S!



Friday 18th November

All money raised will be
donated to Children in Need.

Thank you for your support!



This Anti-Bullying Week,
let's come together and reach out
to stop bullying.

**REACH
OUT**

Monday 14th to
Friday 18th November
#AntiBullyingWeek
#ReachOut

Anti-Bullying Week 2022: Reach Out

Anti-Bullying Week 2022 is coordinated in England and Wales by the Anti-Bullying Alliance. It will take place from 14 to 18 November 2022 and has the theme Reach Out. **The week will kick off with Odd Socks Day on Monday 14th November, where adults and children wear odd socks to celebrate what makes us all unique.**

SCHOOL NOTICE BOARD

A message from the Mayor of Tower Hamlets



As the cost-of-living crisis deepens, we continue to step up our support for residents.

Today we are launching our [Cost of Living Help campaign](#), which provides information to help people save money and access support and grants available to them from the council or the government.

An incredible £15m a year of benefits goes unclaimed in Tower Hamlets. Benefits like Universal Credit, Pension Credit, and Disability Premium could provide a lifeline to many. One easy thing you can do is check that you are claiming all the benefits you are entitled to by using [the benefits calculator](#).

Our [Cost of Living help pages](#) also has more information on the help available to you, including my [Energy Fund scheme](#) and [the grant payments I introduced](#) to support children, families and the elderly.

This is in addition to the help available through the council tax reduction scheme, the Resident Support Scheme, universal free school meals for children up to 11, school uniform grants, holiday activities for children in low-income families, support of local food pantries, funding of local advice services and a tackling poverty outreach team.

Just last week, I also [announced the reinstatement of the Education Maintenance Allowance \(EMA\) and University Bursary Award schemes](#), making Tower Hamlets the only borough in England to offer the EMA.

These schemes will help minimise the financial challenges for young people and give them the confidence and encouragement to continue their studies, accelerate their education, and fulfil their potential despite the cost-of-living crisis.

We have already received more than 450 applications since [the scheme went live](#) earlier this week, which is fantastic news. The application deadline for EMA and the University Bursary Award is 1 January 2023, so if you think you are eligible, don't forget to apply!

Mayor Lutfur Rahman

Housing management consultation



The future of services for people living in council homes

We've launched our consultation on the future of services for people living in council homes,.

including bringing Tower Hamlets Homes (THH) back in-house, as part of a network of services to be delivered and run directly by the council.

We will be running drop-in sessions and online information sessions, and residents can call into Idea Stores if they need help. Easy Read, large print and translated versions of the consultation material can be accessed [on our online survey page](#).

Thank you for being part of this very important consultation. Please remember all feedback must be received by 18 December 2022

SCHOOL NOTICE BOARD



Dear Parent

Are you aware that primary school meals are free to all pupils at St Saviour's Primary School?

If your child is in Years R, 1 or 2 then the Government's Universal Infant Free School Meal scheme is available to all pupils.

If your child is in Year 3 to 6 then Tower Hamlets Council fully fund the Mayor Meals Scheme for all pupils.

This means you do not need to use your valuable family time, or money in these tough times buying ingredients for packed lunches as a hot, healthy and nutritious meal, which meet the Government's School Food Guidelines, will always be available every day for your child in school.

Here is an example of a typical week's primary school menu:



YOUR MENU @

St SAVIOUR'S
PRIMARY SCHOOL

----- Autumn - Winter 2022 / 2023 -----

WEEK 1	Meal Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Vegetarian Koftas in Flatbread with Greek Salad V	Lamb & Lentil Lasagne with Garlic Bread P	Roast Turkey & Stuffing with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Chips
Second Choice	Queen Frankfurter Hot Dog with Wedges V	Meatball Marinara in a Sub Roll with Coleslaw P	BBQ Chicken in Folded Flatbread	Cheese & Tomato Pizza with Wedges V	Veggie Burrito with Chips V
Vegetarian Choice	Vegetarian Mixed Bean & Pasta Bake V	Veggie Chili served with Rice & Tortilla V	Autumn Vegetable Tart with Roast Potatoes V	Vegetable & Chickpea Curry with Rice V	Veggie Dippers with Chips V
Vegetable Selection	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans V
Dessert of the Day	Peach Crumble with Custard S	Banana & Date Flapjack S	Cinnamon Rice Pudding S	Frozen Yoghurt with Fruit S	Fruit & Jelly with Ice Cream
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					
WEEK 1 31 Oct, 21 Nov, 12 Dec, 2 Jan, 23 Jan, 20 Feb, 13 Mar					

MEAT SERVED AT THIS SCHOOL IS HALAL

DINEin

KEY: V - Vegetarian P - Pican Based S - Sugar Smart
N - New Dish V - In association with Forest Green Rovers

AND DISCOVER

Whether your child is receiving a free meal, or you are currently working, we would ask that the parents/carers of all primary and secondary aged children in Tower Hamlets still register for free school meals, even if you don't think you are currently eligible. Once the application is submitted, if at any time your family is in receipt of one of the qualifying benefits for free school meals, we will automatically update our records and your school will receive additional funding known as Ever6 Pupil Premium. This is up to £1,320 depending on the child's age and really helps support the great work that school's do in supporting all children.

Juniper Ventures Limited

Old Town Hall, 29 Broadway, Stratford, London. E1 4BQ

SCHOOL NOTICE BOARD



Who is The Felix Project?

The Felix Project collects fresh, nutritious food that cannot be sold. We deliver this surplus food to charities and schools so they can provide healthy meals and food to take away.

Weekly delivery of food

Our schools offer guarantees a weekly delivery of produce that would otherwise have gone to waste. Some can be eaten as snacks, some requires preparation at home.

What produce does The Felix Project deliver?

As we work with farms, manufacturers and supermarkets who give us their surplus produce, we cannot predict what produce there will be, and the selection will vary every week.

Why do we get this food?

The food we receive is 'surplus', this means that the supply of food exceeds the demand for it. There are many reasons for this, for example:

- The fruit or vegetable is classed as 'wonky' so isn't sold in supermarkets
- Sometimes there are over productions of food for reasons such as unseasonably good weather making everything grow and there is just too much for the customers at the shops to buy.
- Too much of a product may have been manufactured and it's now close to it's use by or best before date

As consumers we all have a role to play in why food becomes surplus. Think about that the next time you go shopping for food. We need to help encourage the food industry to change by making small changes to the way we shop too.

Why is food waste bad?

Through taking food from The Felix Project you are helping to reduce food waste. Each year 3.6 million tonnes of edible food goes to waste.

Producing, moving, storing and cooking food uses energy, fuel and water. Each of which let off greenhouse gases contributing to climate change.

Use-by and best-before dates – what do they mean?

At The Felix project you will never receive something past it's use-by date however you may receive food past its best-before date as it is perfectly good to consume. What do they mean?

Use-by date: You can eat food until and on the use-by date but not after. You will see use-by dates on food that goes off quickly, such as meat products or ready-to-eat salads.

Best-before date: The food will be safe to eat after this date but may not be at its best. Its flavour and texture might not be as good. It appears on food such as tinned good, frozen foods and dried foods.

Want to help Felix get more food to more people?

We rely on volunteers to do our work. We have a variety of roles which include driving, being in our depot or office admin support. We have shifts that work around the school day so you can still be there to pick up your little one!

If you're interested, please email Alice at schools@thefelixproject.org



