

NEWSLETTER Friday 4th Nov 2022

Dear Families,

This week saw the launch of our vegetable market stall thanks to the kind donations that we received from the 'Felix Project'. On offer we had bread, broccoli, potatoes, mushrooms, tomatoes, peppers and aubergines. This is going to be a weekly market so please take advantage and come and see us every Tuesday under the KS1 shelter. A big thank you to Rachel, Elizabeth and the children for their support.

Gardening Years Five and Six

Today we had a gardening session where we were learning to turn Flax seed into yarn. The gardeners had four stations set up : At the first station we had to use a mallet to hit the flax plant so that we could roll it out, then we broke up the rolled up plant to collect the fibres. At the third station we used a big toothbrush to extract as much of the flax plant fibre as possible. Finally we span out the flax turning it into yarn.

Daalya and Natalie – Year six.

Have a wonderful weekend!

Mrs Smith



Potential expansion!

The planning for our potential expansion is on our website at:

<http://www.st-saviours.towerhamlets.sch.uk/wp-content/uploads/2022/09/St-Saviours-Consultation-Landing-Page-2.pdf>

Learn more by clicking on the link and responding!

It would be wonderful to offer our excellent education, in exactly the same way to a greater number of pupils.

Thank you for your support.



DIARY DATES

- 14th Nov** – Odd sock day (staff & Pupils)
Anti-bullying week
Road safety week
Road safety workshop – Y3/4/5
- 16th Nov** - Flu vaccination (Rec – Y6 1st visit)
Boys Y3/4 football tournament
- 17th Nov** – Turning on Chrisp street lights (Choir singing)
- 18th Nov** - Children in Need – Wear PJ's donations welcome!
- 29th Nov** – Flu vaccination (Rec – Y6 2nd visit)
- 1st Dec** – School birthday (dress up)
- 7th Dec** – Pantomime (Aladdin)

Jesus said "I have come so that you can live life in all its' fullness" John 10:10

STARS OF THE WEEK



Our stars



Kindness leaves



WORSHIP FOCUS

Remembrance



Job 19:23-27

Job was a wealthy, God-fearing man, who lost his wealth, health and children. He questioned God about what was happening to him, but also had faith that he would one day see God.



Remembrance Day

Today Clare rang the bell at 11am so that all of the children in the school could join together to observe the two minute silence.

Prayer

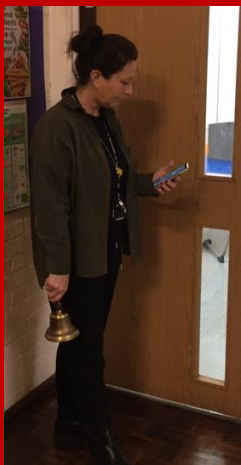
We remember people who have helped us in the past, those we knew and those we didn't know.

Today, we think especially of people who have died in wars and fighting.

We take a moment to think of some special people: soldiers, sailors, pilots, emergency workers and all who risk their lives today for our safety.

Together, we say thank you.

Thank you.



SCHOOL NOTICE BOARD

AFTER SCHOOL PROVISION

As many of you are aware we run a variety of clubs from a stay and play, to sport clubs, to booster clubs for learning. This enables both after school provision for working parents, children following their special sport interests and keeping healthier along with additional boosts to learning so they can achieve their academic best. Hence the choices are made by parents, pupils and teachers.

The clubs this half term are as follows:

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Stay & Play		All Week Nursery to Year 6			
£3 per session					
Sport Club			Dodge ball Years 3 & 4	Hockey Years 5 & 6	
Learning Booster	Year 3 & 4	Year 2, 5 & 6			

All payments for clubs need to be made at the start of the term or half term in advance via parent pay. If you are not sure how to please ask Ms Paris or Ms Sablon for support.

Happy Birthday to you...

Adam	3rd	Yr4
Rose	5th	Yr3
Annie-Bella	5th	Yr2
Tilly-Mae	5th	Yr3
Thomas	6th	Yr6
Ayman	7th	Yr3
Hussain	10th	Yr6
Rayna	11th	Yr4
Elijah	12th	Reception
Ellie	13th	Yr3
Charlie	14th	Yr5
Natalie	14th	Yr6
Aron	18th	Yr2
Parker	19th	Yr3
Logan	21st	Yr5
Kieran	22nd	Yr5
Alexander	24th	Yr2
Brooke	24th	Yr2
Bertie	25th	Yr5
Muhammad	30th	Reception

WELLBEING WORKSHOPS

My name is Elizabeth. My role is Health and Wellbeing. I currently work with the school on Tuesdays and Fridays. I work with pupils, staff and families to assist in making healthier choices This could be through a series of talks and/or workshops.

Please feel free to join me on this first set of workshops:

22nd November at 9.15am

**Please book a space on one of the dates – I hope to see you there! 😊
please contact the office**



Elizabeth

SCHOOL NOTICE BOARD

Christmas Raffle – Hamper Items Needed!

Dear Families,

In the past, our hamper raffle has always been hugely popular and helps to raise invaluable funds for the school.

We are asking each class to create a hamper that can be won just before Christmas.

We would like the hampers to be full of a variety of items so please use your imagination. Remember that it doesn't have to be expensive and can be something that you find in the cupboards.

Some ideas are non-perishable festive food items: biscuits, chocolate, crackers, a bottle, candles or a beauty item.

Nursery & Reception:	Bags of Sweets
Years 1 & 2:	Cakes and Biscuits
Years 3 & 4:	Bottles of Drinks (non-alcoholic/alcoholic)
Years 5 & 6:	Chocolate

We would be grateful if the donations are sent into school starting from **Monday 7th November**. Boxes will be in your child's classroom where they can be dropped off!

As always, thank you in advance for your generosity and support.

Best Wishes.

Mrs Rachel Sablon
Family Support Officer

NON-UNIFORM WEAR YOUR PJ'S!



Friday 18th November

All money raised will be
donated to Children in Need.

Thank you for your support!



This Anti-Bullying Week, let's come together and reach out to stop bullying.

REACH OUT

Monday 14th to Friday 18th November
#AntiBullyingWeek
#ReachOut



We'll be wearing odd socks with the Anti-Bullying Alliance and their patrons, Andy and the Odd Socks, on **Monday 14th November** for Odd Socks Day. Will you?

Odd Socks Day

#AntiBullyingWeek
#OddSocksDay

Anti-Bullying Week 2022: Reach Out

Anti-Bullying Week 2022 is coordinated in England and Wales by the Anti-Bullying Alliance. It will take place from **14th – 18th November 2022** and has the theme Reach out.

The week will kick off with **Odd Socks Day on Monday 14th November**, where adults and children wear odd socks to celebrate what makes us all unique.

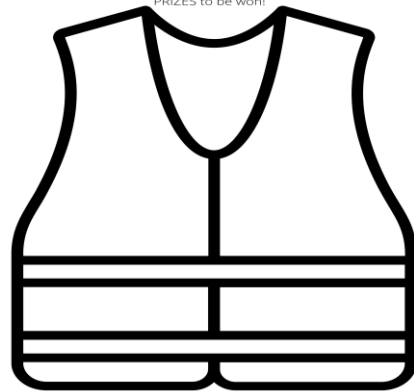
SCHOOL NOTICE BOARD

ROAD SAFETY WEEK



Travel Safe Competition

As part of Road safety week, we are running a competition to be more visible. Can you design this vest to BE SEEN! 2 people per class will be chosen. PRIZES to be won!



Name:

Class:

Travel Safe Competition closing date is on
Monday 14th November

Winners will be announced next week.
Good Luck!

SCHOOL NOTICE BOARD



Dear Parent

Are you aware that primary school meals are free to all pupils at St Saviour's Primary School?

If your child is in Years R, 1 or 2 then the Government's Universal Infant Free School Meal scheme is available to all pupils.

If your child is in Year 3 to 6 then Tower Hamlets Council fully fund the Mayor Meals Scheme for all pupils.

This means you do not need to use your valuable family time, or money in these tough times buying ingredients for packed lunches as a hot, healthy and nutritious meal, which meet the Government's School Food Guidelines, will always be available every day for your child in school.

Here is an example of a typical week's primary school menu:



YOUR MENU @

St SAVIOUR'S
PRIMARY SCHOOL

----- Autumn - Winter 2022 / 2023 -----

WEEK 1	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
First Choice	Vegetarian Koftas in Flatbread with Greek Salad V	Lamb & Lentil Lasagne with Garlic Bread P	Roast Turkey & Stuffing with Roast Potatoes	Greek Style Souvlaki Chicken with Rice	Fish Fingers with Chips
Second Choice	Queen Frankfurter Hot Dog with Wedges V	Meatball Marinara in a Sub Roll with Coleslaw P	BBQ Chicken in Folded Flatbread	Cheese & Tomato Pizza with Wedges V	Veggie Burrito with Chips V
Vegetarian Choice	Vegetarian Mixed Bean & Pasta Bake V	Veggie Chilli served with Rice & Tortilla V	Autumn Vegetable Tart with Roast Potatoes V	Vegetable & Chickpea Curry with Rice V	Veggie Dippers with Chips V
Vegetable Selection	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Garden Peas Baked Beans
Dessert of the Day	Peach Crumble with Custard U	Banana & Date Flapjack U	Cinnamon Rice Pudding U	Frozen Yogurt with Fruit U	Fruit & Jelly with Ice Cream
Daily Options					
Salad Bar / freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					
WEEK 1 31 Oct, 21 Nov, 12 Dec, 2 Jan, 23 Jan, 20 Feb, 13 Mar					

MEAT SERVED AT THIS SCHOOL IS HALAL





KEY: V - Vegetarian P - Plant Based SS - Sugar Smart

ND - New Dish FSG - In association with Forest Green Rovers

DINEin

AND DISCOVER

Whether your child is receiving a free meal, or you are currently working, we would ask that the parents/carers of all primary and secondary aged children in Tower Hamlets still register for free school meals, even if you don't think you are currently eligible. Once the application is submitted, if at any time your family is in receipt of one of the qualifying benefits for free school meals, we will automatically update our records and your school will receive additional funding known as Ever6 Pupil Premium. This is up to £1,320 depending on the child's age and really helps support the great work that school's do in supporting all children.

SCHOOL NOTICE BOARD



Who is The Felix Project?

The Felix Project collects fresh, nutritious food that cannot be sold. We deliver this surplus food to charities and schools so they can provide healthy meals and food to take away.

Weekly delivery of food

Our schools offer guarantees a weekly delivery of produce that would otherwise have gone to waste. Some can be eaten as snacks, some requires preparation at home.

What produce does The Felix Project deliver?

As we work with farms, manufacturers and supermarkets who give us their surplus produce, we cannot predict what produce there will be, and the selection will vary every week.

Why do we get this food?

The food we receive is 'surplus', this means that the supply of food exceeds the demand for it. There are many reasons for this, for example:

- The fruit or vegetable is classed as 'wonky' so isn't sold in supermarkets
- Sometimes there are over productions of food for reasons such as unseasonably good weather making everything grow and there is just too much for the customers at the shops to buy.
- Too much of a product may have been manufactured and it's now close to it's use by or best before date

As consumers we all have a role to play in why food becomes surplus. Think about that the next time you go shopping for food. We need to help encourage the food industry to change by making small changes to the way we shop too.

Why is food waste bad?

Through taking food from The Felix Project you are helping to reduce food waste. Each year 3.6 million tonnes of edible food goes to waste.

Producing, moving, storing and cooking food uses energy, fuel and water. Each of which let off greenhouse gases contributing to climate change.

Use-by and best-before dates – what do they mean?

At The Felix project you will never receive something past its use-by date however you may receive food past its best-before date as it is perfectly good to consume. What do they mean?

Use-by date: You can eat food until and on the use-by date but not after. You will see use-by dates on food that goes off quickly, such as meat products or ready-to-eat salads.

Best-before date: The food will be safe to eat after this date but may not be at its best. Its flavour and texture might not be as good. It appears on food such as tinned good, frozen foods and dried foods.

Want to help Felix get more food to more people?

We rely on volunteers to do our work. We have a variety of roles which include driving, being in our depot or office admin support. We have shifts that work around the school day so you can still be there to pick up your little one!

If you're interested, please email Alice at schools@thefelixproject.org



Unit 6, Kendal Court, Kendal Avenue, W3 0RU, 020 3430 4350
info@thefelixproject.org www.thefelixproject.org
 Registered Charity Number: 1168183





SCHOOL NOTICE BOARD

Applying for a Nursery place – Get Ready 2023

Tower Hamlets Transition Support Service advocates early intervention to support children, young people and their families with information and advice at key points of transition to help manage change and make informed decisions about the next steps of their learning journey.

Starting nursery is an important moment both for children and their parents. It offers all sorts of new opportunities, but it also can cause anxiety and confusion, so it's vital parents have as much information as possible in order to make an informed decision about their child's future.

To support families with the nursery application process the Transition Support Service are holding **online advice sessions (through zoom)** for parents/carers:

Day:

Time:

- **Friday 18th November 2022** 1pm
- **Monday 5th December 2022** 6pm
- **Thursday 12th January 2023** 10am
- **Tuesday 7th February 2023** 10am

To book a place through Eventbrite: <https://GR2023.eventbrite.co.uk>