

Friday 11th March 2022 "Jesus said, "I have come so that you can live life in all its' fullness" John 10:10

Headteacher: Fanoula Smith
www.stsavioursschool.org.uk

Weekly Worship & reflection

LENT



Dear Families,

This week we had a visit from our school improvement partner who worked with us to look at standards across the school and validate our judgments. Teachers are due to moderate next week with other schools which is an addition to securing judgements for the children's outcomes.

She was treated to the hymn 'Lord Jesus Christ' during our kindness assembly and was overwhelmed by how beautifully our children sing.

We have already started the spring term assessments and we look forward to seeing the progress the children have made.



Science Week Monday 14th March—Friday 18th March

Next week we will be celebrating 'British Science Week'; the children will be having lots of learning opportunities and experiences in science. All classes will undertake scientific investigations, complete science outside and learn about some famous scientists such as: Barbara Block, Jess French and Pierre Fauchard. This year's poster competition, is for every child to design and draw an invention. They could think about a 'problem' or 'obstacle' in everyday life and invent something that will solve (or make it easier) that problem/obstacle. Your child's class teacher will give out copies of the poster competition today, the deadline for the posters is Wednesday 16th March. Mr Ali.

Executive Function—focus on Organisation

What can they help us with in school?

Organisation means coming up with and following strategies to keep track of information, materials and tasks.

Learners can...

have trouble keeping their desk/work space tidy.

Lose/misplace things often.

We can: show children how to organise their resources/belongings, etc. Review organisation weekly to see how they are getting on and give strategies. Clearly mark places for the child to keep their belongings. Establish a daily routine.

Students can: find five things to put away, sort, or tidy up. Colour code learning or activities. Use technology to help with learning. Use a planner or calendar (digital or otherwise) to schedule upcoming events and tasks. Use squared paper for maths to keep numbers and columns lined up. Clean out trays and school bag once a week.

Celebrating loving hearts and shining lights

MATTHEW 5:16,
"Let your light so shine before others, that they may see your good works and glorify your Father in heaven"

Learning with an open mind



Ephesians 4:32
Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.

Loving with a full heart



Happy Birthday to you!

5th	Alfie T
5th	Poppi W
6th	Lois Rachel
8th	Georgie
11th	Ethan H
13th	Noah
18th	Johnny
24th	Jaciara
27th	Oscar

RED NOSE DAY IS BACK ON FRIDAY 18 MARCH 2022



Red Nose Day is coming. And whatever you do, no matter how small, you can help people live free from poverty, violence and discrimination. This includes funding organisations that are supporting people right now in Ukraine, and those attempting to cross the border. Because you have the power to change lives.

We are asking all children to wear **non-uniform and their red noses on Friday 18th March**. If you would like to donate to this charity, buckets will be at all gates.

Thank you for your support once again!



Ukraine Donation Appeal

A big 'Thank you' to all the families that donated clothes, bedding, toiletries, medical and food items. St Matthias - Poplar Neighbourhood Church, collected this.

We raised amazing **£282.71** !! This will be given to British Red Cross on behalf of our school.



If you like to continue to donate please could visit:

<https://donate.redcross.org.uk/appeal/general-fund-appeal>

Thank you for all your support!

News and information to support families

LET'S TALK ABOUT
MENTAL WELLBEING

SIGNPOSTING AND INFORMATION SERVICE

Would you like to speak to someone in confidence and access support to help with your issues?

Are your worries & stresses impacting on your daily life?

You can speak to us in confidence on the following days:

FACE TO FACE SUPPORT (BENGALI SPEAKING):
EVERY WEDNESDAY, 9.30- 11.30AM
VENUE: HARFORD HEALTH CENTRE
115 HARFORD STREET, LONDON E1 4FG

You can turn up on the day at the venue, request an appointment by calling 07871 927 324 or email support@bangladeshi mentalhealth.org.

TELEPHONE SUPPORT (BENGALI SPEAKING):
EVERY THURSDAY 10-12PM
TELEPHONE: 07871 927 324

Calls outside the advertised hours will not be answered, but you can leave a voice or text message and we will get back to you.

We would like to reassure you that our service is confidential and no information will be shared with your family or relatives.

Important information
This service is only for signposting and information, staff and volunteers cannot provide professional and ongoing mental health support. However, we will do our best to help you by speaking to you about your issues and referring you to the relevant support service.

• www.bangladeshi mentalhealth.org
• info@bangladeshi mentalhealth.org
• General Enquiries 0771 607 8840
• Charity Number: 1126579

Help pupils to make healthier choices

Better Health Let's do this

The interactive NHS Food Scanner app can be used in the classroom to inspire pupils to make healthier choices

Please share the newsletter in the link [here](#) with your school networks

Teachers will be able to find cross-curricular healthier eating resources on the School Zone and encourage children to explore what a balanced diet is and help them to make simple, healthier swaps

Parenting support:

There are many books but no ultimate handbook on what to do when parenting, we each have our individual ways, influenced by our histories... Children are always surprising and this makes our jobs in school interesting but at home can test the best of us.

The parenting courses below are amazing taster sessions of courses that have for years proved beneficial to supporting children especially at an age of such immense pressure. Please do book to find out more using the links below, they are run for free by the local authority. If you would like to know more do contact Mrs Sablon on our school number of 02079874889



New for Spring 2022!

FamiliesMATTER

Parenting Taster sessions and Workshops

Attend a workshop listed below to gain an introduction to some of the popular courses delivered by the parent and family support service or perhaps you need some take away tips and strategies to manage some of the everyday parenting challenges

Topics	Date	Time	Location
<ul style="list-style-type: none"> • Parenting for Single Parents During this session we will be exploring the unique challenges of single parenthood and sharing top tips for coping effectively with trials that may arise. 	Thursday 17 th March	10am-12pm	Zoom
<ul style="list-style-type: none"> • Emotional First Aid Taster workshop For parents who would like to know more about the importance of their emotional well-being as parent and get details of our 6-week programme. 	Friday 1 st April	10am-12pm	Zoom
<ul style="list-style-type: none"> • Triple P Family Transitions Taster Workshop - (Positive Parenting Programme) For parents separated from their partners who would benefit from support to work through this change whilst maintaining a positive environment for the children. 	Thursday 24 th March	10am-12pm	Zoom
<ul style="list-style-type: none"> • Parent Support Network First of a new support network for all parents that have attended a parenting programme and would like to become part of a supportive community. 	Friday 25 th March	10am-12pm	Zoom
<ul style="list-style-type: none"> • Triple P Discussion Groups - (Positive Parenting Programme) Attend either or both sessions to receive effective strategies to positively manage challenging behaviour. <ul style="list-style-type: none"> ○ Encouraging Positive Behaviour 2yrs -11yrs ○ Dealing with Teenager's Emotions 	Monday 21 st March Thursday 31 st March	10am-12.30pm 10am-12.30pm	Zoom

To book your place on a workshop please click on this [Eventbrite link](#).

If you have any queries please get in touch by emailing parenting@towerhamlets.gov.uk or call 0207 364 6398

EASTER HOLIDAY CLUB

MILE END PARK LEISURE CENTRE AND STADIUM

Looking for something to keep the kids entertained this holiday? Why not spend it with us. Our holiday club activities include:

- Trampoline
- Football
- Swimming
- Arts and Crafts
- Under 8 indoor adventure playground
- Plus much more

Speak to a member of staff, or visit better.org.uk/mile-end

4TH - 14TH APRIL
5 - 16 YEARS
£18.60 PER DAY




BETTER



KEEP THE KIDS ENTERTAINED THIS EASTER HOLIDAY

Our holiday club runs Monday - Thursday during each school holiday between the hours of 9am - 5pm (including bank holidays). The Holiday Club is strictly for members' children aged 5 - 16 years old. Each day, children will participate in a number of different activities, ranging from sports to arts and crafts.

- Standard day: 9am - 5pm @ £18.60 (members only)
- 4 day week: 9am - 5pm (Monday - Thursday) @ £74.40 (members only)

Let the kids enjoy a range of activities, including:

- Trampoline
- Football
- Swimming
- Tennis
- Arts & crafts
- Gymnastics
- Bouncy Castle
- Athletics
- Basketball
- Plus much more

For more information, speak to a member of staff or to book visit better.org.uk/mile-end

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal



Holiday Childcare Easter Scheme 2022

Information for professionals

The Tower Hamlets Holiday Childcare Scheme is now open for bookings for the Easter 2022 Scheme for residents in the borough and vulnerable referrals.

For more details please click on the link [government guidance](#).

Scheme dates

Monday 4th – Thursday 14th Easter 2022 (9 days)

Our scheme dates are based on the Tower Hamlets school holidays.

Booking closing date: 29th March 2022 by 12pm or earlier once bookings are full

Venue

St Mary & St Michael Primary School, Sutton Street, E1 0BD

Please support and share this information with families you feel may benefit from our scheme. To refer a child please complete our [referral form](#) and support the family to book following the steps on our [booking system](#). Referral forms can be sent by email to holiday.childcare@towerhamlets.gov.uk at any point. We can also assist with any queries.

More information can be found on our website www.towerhamlets.gov.uk/hcs.

We will look forward to receiving your bookings.

Holiday Childcare Team
Parent & Family Support Service
Children and Culture Directorate
London Borough of Tower Hamlets

Free Advice Sessions

Teachers from the Language, Literacy and Communication Team are running 2 sessions on Zoom

The sessions are **FREE**.






The link is the same for both sessions:

<https://us06web.zoom.us/j/84465868166?pwd=RzZrcEpxdkpJd1ZDSmNicWUSV0hBUT09>

Meeting ID: 844 6586 8166

Passcode: n4XcNK

You can come to both of them, or just one. Just click on the link above.

	Date	Time	What is it about?
			
Session 1	Thursday 17th March 2022	10 am to 11.30 am	Language Development: How to support your child 
Session 2	Thursday 31st March 2022	10 am to 11.30 am	How to help your child with reading 

Any questions contact: janet.pritchard@towerhamlets.gov.uk or call 0207 364 6440



Information for parents

Volunteering in Your Child's School course

An accredited course delivered by the Parental Engagement Team



Volunteering in Your Child's School course

Are you a parent who is interested in volunteering in school?

Join the ten-week, Open College Network accredited course to prepare for your role as a volunteer and improve your career prospects.

Learn all about:

- the curriculum and how children learn
- the latest teaching methods
- how to support children's learning
- how to keep children safe

Information and assessment session

Monday 21 March and Friday 25 March
9.45-11.45am

Course dates:

Fridays
29 April-15 July
10.00am-12.30pm

Contact

For more information and an application form email parentalengagement@towerhamlets.gov.uk

Deadline for completed applications: Monday 14 March

