

Friday 11th February 2022 "Jesus said, "I have come so that you can live life in all its' fullness" John

Headteacher: Fanoula Smith
www.stsavioursschool.org.uk

Weekly Worship
& reflection



What gifts do you bring to the community? God walks along with us so that our light shines. Thank you Rev Jane & good luck in your next steps.

Dear Families,

What a term! Change is inevitable, it is our attitude to it that makes a difference, springs to mind as we reflect on a short yet eventful half term.

The children are regaining learning in all its fullness with more trips, visitors and celebrations than we have been able to have in a few years! The down side to normality returning is that so do tests and getting ready for them can be a bumpy journey. The Department for Education are keeping all the primary school tests, unchanged, so our children will need to be ready for them, and they can with hard work and persistence. It is not that the last couple of years have not happened but that our children can do well regardless of the obstacles we may have faced. We think they can, we have the booster clubs and support to make sure they do. We ask that they are in school, in their clubs, completing their homework, getting ready!



Governors will be meeting soon to deliberate the applications to Reception. It is a time when the focus is on applications to school, Nursery, Secondary and sixth forms! When we chose a school for our child, different things may be important to us. Some of us, and I include myself as a parent, may chose proximity or local schools, or schools with a particular ethos, faith, outcomes, or reputations. All of us want our children to be happy, healthy, enjoy learning, have or find their tribe or friends and have fun. Hope, trust, faith, relationships are required in all cases regardless of what motivates us initially. I am very pleased that after half term you can come and pick your child up after school from the classroom door, some have not entered at all, which is a horrid inditement to the last few years. We have sadly lost staff in our local schools to Covid and between long Covid and ongoing absences, hope that as we go forward, faith, hope, and knowing that we can rely on each other can continue to keep us all safe. Wishing you a marvellous half term week, Mrs Smith

Executive Function—focus on response inhibition

What can they help us with in school?

Sustained attention means keep paying attention to a situation or tasks in spite of distractibility, fatigue or boredom:

Learners can....

- Easily distracted
- Cant listen to a lot of information or instructions at once
- Misses out on details like spelling or punctuation
- Gets distracted before completing work

We can: provide breaks, minimise distractions, have a private signal, chunk tasks, stick to routines!
Students can: use a fidget tool, break tasks into small chunks, remove clutter of distractions, use proofreading tools, make different choices

COVID

We have had more cases in the last month than the whole of the pandemic. When there is an outbreak, characterised by 5 cases in a class, we notify the class, that has not happened frequently thank goodness. Thank you for supporting us to continue to function even if at times we have missing staff and missing pupils.

When we return you will need to be mindful, not send your child in with symptoms and isolate if sick. Hopefully cases nationally and locally will subside. People who had it previously please be advised that there is increasing re infections. We all continue to need to keep ourselves and community safe. We have immunosuppressed children and adults so we do not want to take chances with peoples wellbeing. Thank you.

Celebrating loving hearts and shining lights

MATTHEW 5:16,
"Let your light so shine before others, that they may see your good works and glorify your Father in heaven"

Learning with an open mind



Ephesians 4:32
Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.

Loving with a full heart

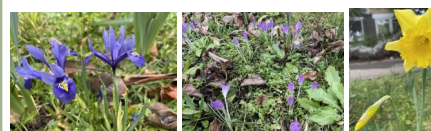


Educational improvement and schools sometimes feels like a bicycle, you stop peddling and you get no where or fall sideways. So not one to stop moving we are planting and remodelling along with celebrating adults and children alike in their learning. Congratulations to our Year 5 Poetry slam champions this week! Along with curating the museum of the brain, you really are flourishing!

A special thank you and well done to our Courageous Advocates in Year 6 who are championing our social action to combat climate change. Alyssa, Aliana, Alexandra, Moses and Odin will be preparing to take us on a journey to changing our institutional habits to support our planet and hopefully you will be involved along the way. They are pictured on the following page!

Spring has sprung and it is with the hope this brings that we look forward to welcoming you back on the 21st February. Whatever love you wish to celebrate, romantic or otherwise, lets not forget that loving and appreciating one another in our co humanity is all year round. During this month, please read the [Valuing All Gods Children](#) for the Church of England approach to loving everyone. Spring has certainly strung in school and we shall continue to grow and flourish.

Classes have enjoyed gardening workshops this half term and lessons will continue after the holiday once more!





Ben	04 Feb
Cairo	06 Feb
Odin	07 Feb
Riley	07 Feb
Xingchen	09 Feb
Liyana	10 Feb
Bhoomi	11 Feb
Florence	13 Feb
Veronica-May	14 Feb
Evie Lynn	16 Feb
Zoe	18 Feb
Sumayyah	18 Feb
Amara-Rose	20 Feb
Bobby	23 Feb
Bleu	24 Feb
Josephine	24 Feb
Daniella	25 Feb
Lily-rose	25 Feb
Ronee	26 Feb
Rosie	28 Feb
Isla	29 Feb



Congratulations to our year 6 Climate Change Team!

Gates and timing changes:

Starting next half term as agreed:

Nursery open times—Morning: 8.45am—12noon Afternoon 12.00 -3.15pm

Reception—Year 6 gates open as usual from 8.45am—8.55am and children are expected to walk themselves in to school as this is speedier and supports their independence.

The end of the school day from Reception—Year 6 will return to 3:30pm, gates will be open just before for pick up whilst classroom doors will not be open till 3:30pm. Please do not stand and peer in as much as you might like to see what is happening in the classrooms it is overwhelming for the children to have people they do not know peering at them, even if you are only trying to see your own child.

Also I would like to remind you that parents are invited on to school premises, we are not a public space. All visitors including yourselves are asked to model our values of Care, RESPECT, INSPIRE.

Teachers at the end of the school day are there to ensure all the children are safely delivered to their parents or guardians, please do not try to talk with them as this presents a safeguarding risk for children.

Also, the climbing equipment is for use during the day when the children are supervised by school staff. These areas are not supervised at the end of the day so do not allow children of any age to use them.

Finally due to safeguarding, we do not open the Chrisp Street gate at pick up time, because adults are not allowed through that gate. Year 1 & 2 children can continue to enter in that way for ease, and would need to leave using the Godalming or Brabazon gates. So Year 1 & 2 parents please use the Godalming or Brabazon gates for pick up.

[Children can enter from all three gates in the morning. Parents enter and leave by Godalming or Brabazon gates after school.](#)

SCOUTS

Ready to try something new?

Your scout group in Poplar has reopened!

We're ready for girls and boys to join us on Monday evenings at All Saints Church on Bazely St (through the entrance at the back of the building.)

5.30-7.00pm Beavers (ages 6-8 Yrs)

7.00pm—8.30pm Cubs (ages 8-10½ yrs)

Volunteering is also easier than you think. With full support and training, you can volunteer on a flexible basis.

Learn new skills, contribute to an amazing life experience for you and your local community, and find out why volunteering is good for you.

Visit 4thpoplar.eastlondonscouts.org.uk (or bit.ly/E14sScouts) for more details



Wednesday 16th February 5.15pm Walk and Talk with the Police

Women this is your chance to express:

How Safe do you feel in the area

Flag up unsafe areas to the Police

Get personal safety tips

Meeting point outside Burcham St Community Centre

Any questions message Elizabeth 07912 846 589



Elizabeth Stout



LET'S TALK ABOUT MENTAL WELLBEING

SIGNPOSTING AND INFORMATION SERVICE

Would you like to speak to someone in confidence and access support to help with your issues?

Are your worries & stresses impacting on your daily life?

You can speak to us in confidence on the following days:

FACE TO FACE SUPPORT (BENGALI SPEAKING):
EVERY WEDNESDAY, 9.30- 11.30AM
VENUE: HARFORD HEALTH CENTRE
115 HARFORD STREET, LONDON E1 4FG

You can turn up on the day at the venue, request an appointment by calling 07871 927 324 or email support@bangladeshimentalhealth.org.

TELEPHONE SUPPORT (BENGALI SPEAKING):
EVERY THURSDAY 10-12PM
TELEPHONE: 07871 927 324

Calls outside the advertised hours will not be answered, but you can leave a voice or text message and we will get back to you.

We would like to reassure you that our service is confidential and no information will be shared with your family or relatives.



Important Information

This service is only for signposting and information, staff and volunteers cannot provide professional and ongoing mental health support. However, we will do our best to help you by speaking to you about your issues and referring you to the relevant support service.

- www.bangladeshimentalhealth.org
- info@bangladeshimentalhealth.org
- General Enquiries 0771 607 8840
- Charity Number: 1128579

Tower Hamlets Talking Therapies
Making a positive difference through Talking Therapies

NHS
East London
NHS Foundation Trust

Raising Happy Babies

FREE 6 WEEK PSYCHOLOGY COURSE

This course will help you to:

Learn about your baby's emotional development/bonding

Look after yourself as a new mother

Adjust to the transition to life with your baby



“It was a great, safe atmosphere to open up and share my feelings”

“It was useful to hear others vocalise the same worries I had which normalised my feelings”

Please self refer on:

<https://towerhamletstalkingtherapies.nhs.uk/get-started/>

To register for this group you must be a resident or have a GP in Tower Hamlets, be a first time mother and have a baby under 6 months

Healthy Babies Course: Tower Hamlets Talking Therapies and NHS East London

Parents can learn about their baby's emotional development/bonding

New mothers can learn how to look after themselves
New parents can learn how to adjust to the transition to life with their baby

Full details and joining information are on the flyer attached
Register here <https://towerhamletstalkingtherapies.nhs.uk/get-started/>



NURSERY

This half term we have continued to map and retell our stories and have also started to sequence our nursery rhymes beginning with Hey Diddle Diddle the children are also starting to get to grips with what a rhyme is.

In maths not only have we been working on capacity, height and length but we have continued to focus on counting using the cardinal principal this worked very well while counting Anansi's legs when we made him as well as his sons!

Enjoy the half term break we are sure the children will be raring to go when we come back



RECEPTION

This half-term has been the most creative and exciting term that we have had so far in Reception! We have loved watching the children flourish and develop their confidence and skills in all areas. We cannot express how proud we are of all of them, nor can we articulate how much fun we have had this term. We are already looking forward to the new term and all the achievements and learning to come.

We have loved learning the story of Handa's Surprise, through this story we were able to explore a different culture, learn about (and taste) a variety of different fruits and research and produce a fact file about African animals. Alongside this work, as part of our Understanding the World topic, we developed our understanding of other cultures by comparing and contrasting the life of children in Africa to that of our own. We explored the different foods, climates, homes, clothes, animals, and transportation they have.

In maths the children have working really, and we have covered an astonishing amount of content. We have been linking the number symbol (numeral) with its cardinal number value, counting beyond ten, compare number, explore composition of numbers 5-8, developing our understanding of the one more/one less nature of consecutive numbers and to add more to the mix we have also been learning about capacity. All this in 5 weeks! The children have blown us away with their mathematical reasoning skills, especially when solving problems associated with addition and subtraction.

At the beginning of February, we celebrated Chinese New Year; we looked at how Chinese celebrate their New Year, listened to the traditional Chinese New Year story, examined traditional clothing, and even dragon and lion dancing!

Have a lovely break and we all look forward to an action-packed Spring 2.

Miss Jacob, Miss Walker and Miss Sheen.



YEAR 1

The children in Year 1 have done SO much learning this half term and have worked incredibly hard: being imaginative, challenging themselves, aiming for greater depth and having a positive attitude towards their learning. During this half term, we have been reading 'Wild' by Emily Hughes and have used her style of writing to create our own story. Year 1 have all become authors of their own book. They had amazing ideas which they used in their own stories that were also illustrated with their own pictures. It was wonderful to see the learning children have been doing in phonics crossing over into their writing. They then celebrated their learning by launching their own books on their very own 'Year 1 Book launch'.

Year 1 have been using different representations in Maths to show their number bonds to 20 and 50. They have become confident in using ten frames, part whole model and number lines to answer their number sentences. They have also been learning about multiplications; 2s and 5s. The times table song is always in their head and have become really good at singing it whilst doing their work. In science, the children really enjoyed learning about the Antarctic. They particularly enjoyed our experiments where we used thermometers to test out which material keeps the hot water warmest the longest. Furthermore, they created their Icebergs with ice cubes and testing it out on water to see if it floats or sinks.

Finally, each week we have been learning about Rio de Janeiro and building our knowledge on what continent and country it is in, the culture it has and what is its natural environment. We have been creating our own carnival masks and posters. Year 1 loved wearing their masks whilst they had their own class carnival.

I hope you all have a wonderful half term and we look forward to welcoming the children back for more fun learning in spring 2.

"I loved making my own story book in English" Ezra

"I enjoyed guided reading because we got to answer questions about the reading" Kai

Miss Atiya, Mrs Davidson and Mrs Gosling



YEAR 2

This half term the children of Year 2 have been using the story of Here Comes Frankie as their narrative. The children learnt about a boy who learnt to play the trumpet and when he did he could smell all sorts of different smells and see all sorts of wonderful colours. The children wrote their own versions of the story and also learnt about the condition of synesthesia where artists and musicians can hear and see shapes and colours when performing or creating! The children have really enjoyed this story and wrote some beautiful pieces of work.

In maths the children were busy learning about multiplication and division. It was clear to see how by knowing their times tables they were able to answer a range of questions both confidently and quickly. Thank you for your continued support in helping them with this. This week the children also completed a short unit of statistics. They were using tally charts to help them collect information and plot this onto pictograms.

The science unit has been really apt for this time of the year, the children have been learning how to stay healthy. We have looked at how to stay safe on a bike or a scooter, how to eat healthy and how to keep our mental health in check too. The children really enjoyed the experiment we did with eggs and helmet safety.

In R.E. the children learnt about how some Muslims pray up to 5 times a day and the commitment that this takes. They learnt lots of new language that they were using in their books and their learning.

Mr Rutherford has been busy teaching the children about the continents and the oceans of the world in Geography and the history of musical instruments in History. It has been lovely having Mr Rutherford in Year 2 and the children have enjoyed being taught by him over the last few weeks. We wish him all the best and good luck with the rest of his teaching practice back at regular placement school!

Thank you for a successful half term and we look forward to seeing you after the half term break.

YEAR 3

We've had a fantastic half-term in Year 3, full of Tribal Tales! One of the most memorable parts of our learning was working with Ministry of Stories to improvise scenes from the Stone Age, and ultimately write our own script for a dramatic play. After half-term, we will be welcoming professional actors in to bring our script to life!

We have been lucky enough to have done some outdoor learning in the secret garden for both gardening sessions and Science. We've learnt to work scientifically on a variety of quick challenges and longer tasks to learn about plants. We learnt about the different parts of plants, what plants need to live, water transportation in plants and pollination.



Phox: I have enjoyed our topic Tribal Tales, especially learning about the Bronze Age.

Freya: I have really enjoyed practising my times tables and improving my skills via Times Tables Rockstars.

YEAR 4

Well done Year 4 on getting half way there! We have arrived at the midpoint of our school year. During this half term, we dove deep into our topic 'Blue Abyss'. We looked at risks to the world's oceans, learnt about the exploration of the deep blue sea, and researched the history of oceanography. Our art work was closely connected with this and we produced some amazing pencil sketches and tissue paper mosaics of ocean animals.

Our Maths topics have been multiplication & division. Everyone has worked really hard and we have made some brilliant progress. Daily times tables practice is really starting to make a difference that shows up in maths, too! In English, we have used our class book 'The Bluest of Blues' to write in role for diary entries, and we put together our own knowledge organisers on beetles.

In Science, we looked at classification keys, and we came up with our own series of yes/no questions to think scientifically about how we might define one type of living thing from another. We also played a class-sized game of Guess Who!

Year 4 was also lucky to have taken part in an anti-idling workshop, where we all learned about how much pollution can be caused by idling cars in areas near schools and houses. We all made posters, and some of us even went around the school to ask stopped drivers politely to turn their engines off. We hope you have enjoyed the half term as much as we have. Have a brilliant February half term.

Mr Wasyliw and Mrs John



YEAR 5

Well done Year 5! I can't believe that we are now ½ way through Year 5! During this half term, we have immersed ourselves in the topic 'Pharaohs'. Some of our favourite activities were role playing the mummification process, learning about the uses of the River Nile, writing a diary entry from the perspective of Howard Carter and designing our own sarcophagi.

In Maths, pupils have had a curriculum focus of multiplication & division. We have all worked extremely hard, challenged ourselves and have become 'experts' at using the formal column multiplication methods. In English, we have used our class book 'The Red Pyramid' to inspire our own adventure stories full of suspense and mystery! We have also been joined by Rakaya (who is a poet and facilitator based in London), for some poetry workshops. 10 students from Year 5 then represented St Saviour's at the Richmix for the Junior Tower Hamlets Poetry Slam competition. As part of our Science topic we have investigated Leonardo da Vinci's Vitruvian Man (Did you know The span of the man's arms is equal to his height?), used the computers to create our documentaries in the style of David Attenborough, explored identity and fingerprints and researched a Scientist/Inventor of our choice and creating beautiful and informative posters.

This half term, we have been incredibly lucky to have the opportunity to not only go Ice Skating at Canary Wharf but also we joined Paula Manning (who runs M-Set) at the University of East London for a fabulous day of activities about mental health and well being. We were incredibly impressed by the maturity of the class and some of the thought provoking and profound discussions amazed us. "I liked creating a poster about Marie Curie in Science and discovering interesting facts about her life." Mackenzie

"I loved designing my own villain and hero for my adventure story in English. I also thought the Ice Skating was great fun!" Daalya

We hope you have enjoyed the half term as much as we have. Have a wonderful and relaxing February half term.

Miss Daly and the Year 5 team :)



YEAR 6

Year 6 have had an enjoyable and educational first half of the spring term. The children have had a challenging time with their learning both in terms of the Year 6 curriculum as well as all the SATs prep and past papers that they have been working on. Our half term started with the introduction of our 'Frozen Kingdom' topic, looking at different aspects of the Polar Regions, Polar Explorers, as well as learning about one of the world's most famous ships that was sunk after an encounter with an iceberg. During Maths we have been learning all about Fractions and Decimals. We have been enjoying Phillip Pullman's 'Clockwork or All Wound Up' as our model text and inspiration to our writing in English. In Science we have been looking at Classifying Critters and all types of life and making our own Branching Keys. The children have enjoyed working on the BEE Project and will continue their work into the second half of the spring term.

We hope you all have a wonderful half-term and a well-earned break (barring the children's Maths, English Comprehension and writing task we have set for their homework) so everyone comes back refreshed and ready for the second half of the Spring term. Thank you, Year 6 team.

