

Weekly Worship & reflection

The Word of God



After building the walls in Jerusalem, people gathered to hear the word of God

Dear Families,

A marvellous week where learning came alive in the creative ways we believe are important. We are so proud of our year 5 children who attended the University of East London and used drama to explore emotions, and how we regulate. Lucky children were able to start the week ice skating at Canary Wharf, something year 6 will be able to do next week! It is wonderful to have our curriculum and fun lived out in abundance so they all flourish once more.

We say a huge congratulations to Mr Dunford –Crozier our new Assistant Head teacher! Ms Williams is busily freezing in Herefordshire, she keeps in regular contact, whilst Mr Rowland came in to see us all, to say thank you after his trip to Switzerland! Sadly, you may have heard that our Rev Jane Hodges, All Saints team rector will be leaving Poplar for Pentonville Prison where she will be the vicar there. Her last service at All Saints is on Sunday 27th February, all welcomed.



As Plan B has been lifted and controls are changing we will be reviewing our risk assessment once more. The changes under review are: parents coming on to the playground after school to pick children up, (drop off is working well for children's independence), temperature checking, staff wearing masks in communal areas. We will want to continue mask wearing for visitors or specialists and LFTs tests. All of these things will be subject to change should we have an outbreak which considering community transmission remains high. Please remember that although we have been contact tracing as a local Public Health agreement, we do not have to and you would still need to log in positive lateral flow tests with NHS Covid app. (PCRs are not requested). We will share our risk assessment once finalised. Given this we will be using a hybrid model for parent consultations with some online offers to support families who continue to feel anxious or are vulnerable. Sign up at the Gates over the next two days. Wishing you a wonderful weekend, Mrs Smith

Executive Function—focus on response inhibition

What can they help us with in school?

Working Memory

What is it?	Behaviour Clues:	Children can:	Parents and School can:
Holding information in your memory while performing complex tasks.	<ul style="list-style-type: none"> Forgetting instructions Forgetting information that was just given Losing train of thought halfway through a ... Forgetting rules of a game Forgetting parts of the instructions as the task goes along Needing more reminders, repetition or directions than peers 	<ul style="list-style-type: none"> Use mind maps memory tricks and mnemonics like BEDMAS Make use of anchor charts, etc. Make lists or charts. Try an app like Google Keep Highlight important information Make voice notes in a "what's important for today" list Visualise what you are hearing 	<ul style="list-style-type: none"> Give extra time to process Provide copies of anchor charts, multiplication charts, etc. for the student to access when needed Pair verbal instructions or information with visuals Believe the child when they say they forget. Make connections between new material and what is important to the student Record instructions Provide copies of notes

COVID reminders

What to do if... My child has symptoms; Let your child rest & recover at home, take LFTs from day 5&6, or a negative PCR and come back. Or just return from day 10 if symptomless. Someone in my household is positive? Your child can come in if they have no symptoms. A child in the class is positive? The child's parents would know, they would not be in school. If they had symptoms whilst at school, we keep seating and group plans stable to ensure less indoor mixing and enable us to contact directly under advice from local public health. A member of staff has a positive test? Staff test twice a week if positive they do not come to school and as above in terms of contact tracing. Can my child get vaccinated—yes if vulnerable

Celebrating loving hearts and shining lights

MATTHEW 5:16,
"Let your light so shine before others, that they may see your good works and glorify your Father in heaven"

Learning with an open mind



Ephesians 4:32
Be kind to one another, tender-hearted, forgiving one another, as God in Christ forgave you.

Loving with a full heart



Dates for your dairy—more coming soon!

18/1/22	Year 3 Ministry of Stories launch workshop then in every week
24/1/22	Keeping your child safe online for parents via zoom delivered via the local authority
26/1/22	Open Minds are going with year 5 to University of East London
31/1/22	Climate advocacy, idling workshop Year 4
1/2/22	The Bee project are supporting year 6 with developing financial literacy (money sense & entrepreneurship)
11/2/22	Last day for children
14-18th	Half Term—children return on Monday 21st Feb



Kasier	29th Jan
Ava-Grace	31st Jan
Ben	04 Feb
Cairo	06 Feb
Odin	07 Feb
Riley	07 Feb
Xingchen	09 Feb
Liyana	10 Feb
Bhoomi	11 Feb
Florence	13 Feb
Veronica-May	14 Feb
Evie Lynn	16 Feb
Zoe	18 Feb
Sumayyah	18 Feb
Amara-Rose	20 Feb
Bobby	23 Feb
Bleu	24 Feb
Josephine	24 Feb
Daniella	25 Feb
Lily-rose	25 Feb
Ronee	26 Feb
Rosie	28 Feb
Isla	29 Feb

Did your child miss out on the flu vaccine?

It's not too late to join thousands of parents who already got their children vaccinated for the seasonal flu. All children from Reception to Year 11 are eligible.

By having the flu vaccination, children are less likely to pass the virus on to friends and family, especially those who may be at greater risk from flu, such as infants, elderly people or friends and relatives with a serious health condition.

- ✓ Safe
- ✓ Halal/Kosher friendly (no gelatine) -injection
- ✓ Free

Clinics are being held at the below locations from 3pm to 4.30pm. Please note this is an walk in clinic, no need to book an appointment. These are the last Flu clinic dates so please make sure you attend one of them.

Around Poplar Children Centre – 115
Three Colt Street, London E14 8AP
20th Jan 2022 and 3rd Feb 2022

Ocean Children Centre - White Horse
Road, London E1 0ND
27th Jan 2022



Have questions on how the flu vaccine protects your child and family?

Contact us at towerhamlets@v-uk.co.uk

WOMEN & MONEY
FUN AND ENTERTAINING ONLINE WORKSHOP

Saturday 29th January 2022
10:30am to 12:30pm on Zoom

- Understanding the financial challenges women face throughout their lives
- How to reduce the risk of fraud and identity theft
- Recognise different types of financial scams and how to shop safely online
- Understanding the importance of budgeting, savings, investments, credit and debt

for booking contact:
cherifa.atoussi@account3.org.uk

account3 ROSA THE UK FUND FOR WOMEN AND GIRLS The MONEY Charity

News and
information for
Supporting
families

News and information to support your work with families:

Get Ready 2022 Applying To [Nursery](#):

Tower Hamlets Transition Support Service, Supporting Parents and Carers with the Nursery Application Process

- Tower Hamlets Transition Support Service provides information, advice and support around transitions
- We recognise that this is a worrying and uncertain time for families and strive to continue to support in any way we can

Get Ready 2022: Applying To Nursery:

- Please note closing date for primary applications is Wednesday 16th February 2022
- Contact: transitions@towerhamlets.gov.uk, 0207 364 1533. Follow us on Twitter: [@TransitionsTH](https://twitter.com/TransitionsTH)

Keeping Children Safe Online Course [For Parents](#)

- Learn about your child's on-line world and pick up useful tips to help keep them safe
- Free online safety sessions for parents, delivered in school by the LBTH Parental Engagement Team
- Date/Time: Friday 28th January 2022 at 10am-11.30am
- More information and joining details are on the attached flyer
-



Keeping Children Safe Online

Free online safety sessions for parents, delivered in school by the Parental Engagement Team

Learn about your child's on-line world and pick up useful tips to help keep them safe!

Date/Time: Friday 28th January 2022 at 10am-11.30am

Join Zoom Meeting

<https://us06web.zoom.us/j/81129325679?pwd=T0lkck8yd0FRZUJBeE4NTlPc0Nkdz09>

Meeting ID: 811 2932 5679

Passcode: 1LBZq6



Raising Healthy Babies Course: Tower Hamlets Talking Therapies and NHS East London

Parents can learn about their baby's emotional development/bonding

New mothers can learn how to look after themselves

New parents can learn how to adjust to the transition to life with their baby

Full details and joining information are on the flyer attached

Register here <https://towerhamletstalkingtherapies.nhs.uk/get-started/>



Raising Happy Babies

FREE 6 WEEK PSYCHOLOGY COURSE

This course will help you to:

Learn about your baby's emotional development/bonding

Look after yourself as a new mother

Adjust to the transition to life with your baby

“It was a great, safe atmosphere to open up and share my feelings”



“It was useful to hear others vocalise the same worries I had which normalised my feelings”

Please self refer on:

<https://towerhamletstalkingtherapies.nhs.uk/get-started/>

To register for this group you must be a resident or have a GP in Tower Hamlets, be a first time mother and have a baby under 6 months

Half Term Free Family Cycle Training from London Borough of Tower Hamlets and Bikeworks:

- Free Family Cycle Training in Victoria park with [Bikeworks](#)
- Mon 14 Feb, Tue 15 Feb & Thu 17 Feb
- Times: 10:00- 12:00
- Book in advance by clicking [here](#)
- Dr Bike will be available on the 14th Feb 9-12 for repairs and advice

SUITABLE FOR REGULAR CYCLISTS LOOKING TO PROGRESS CYCLE SKILLS TO THE NEXT LEVEL. NO COMPLETE BEGINNERS.

FREE* FAMILY CYCLE TRAINING

DR BIKE ON 14 FEB 09:00AM - 12PM!

BOOK YOUR PLACE ON
WWW.BIKeworks.ORG.UK/TOWER-HAMLETS-CYCLE-TRAINING

*REFUNDABLE £10 DEPOSIT PER FAMILY

WINTER DATES 2022
Mon 14 FEB
Tue 15 FEB
& Thu 17 FEB

Times: 10:00- 12:00

IN EAST SIDE VICTORIA PARK
ENTERING FROM PARNELL ROAD
POSTCODE E3 2LA

VICTORIA PARK

Celebrate The Lunar New Year at Rich Mix

- This Sunday, celebrate Lunar New Year with a special 'Everyone a Maker' Chinese Ribbon Dance and Movement session
- This event is part of the 'Everyone a Maker' programme of family learning workshops which focus on a sense of playfulness and curiosity, developing skills and knowledge about different 'making' technologies and practice
- Parents/carers create with and alongside their children
- Book for 11am, 12pm or 2pm on Sunday 23rd January on the Rich Mix website [here](#)