

Friday 15th October 2021

“I have come so that you can live life, in all its’ fullness.” John 10:10

Headteacher: Fanoula Smith
www.stsavioursschool.org.uk

Weekly Worship & reflection
Justice for all



Dear Families,

Pupil voice has always been a strength of the school. The children are amazing ambassadors in so many areas of school life.

The Worship ambassadors support leading worship for the school and this week we heard from them and a wider group of older pupils about our teaching in Religious Education. It was wonderful as they expressed their delight in welcoming visitors going on trips, eating special food and most importantly helping the curriculum come alive so we learn about one another, are better friends and more tolerant human beings. WOW!



As if this was not enough, our school council met with our catering team and have changed the menu to their tastes for the next half term. The new menu will be available soon. They are also meeting to decide on the lunch clubs they want the adults to run next half term. Leading is a complete pleasure when the children have a strong voice. They are incredible!

As if this was not enough, year 6 are celebrating their end of learning with a heart dissection today! Always exciting and informative, we all learn a lot more, thank you to Dr & Dr Randall for coming in.

Whatever you do, enjoy the autumnal weekend,
Mrs Smith

Date	Dates for your diary
26th-30th October	Half Term Week
15-19th November 2021	Anti-bullying Week
1st- 31st October 2021	Black history month
8th-12th November	Maths week
1st December 2021	School birthday
13th- 17th December 16th December 20th December	Christmas celebrations Christmas Panto in school
21st December- 1st January 2021/22	Christmas Break

Next week, our year 3 and year 6 pupils will be planting trees in the local area as part of Local Authority events marking the pandemic. We want to give children, staff and you the opportunity to not only mark what has happened, the adversity, the loss, the grief, but also to say thank you for all the collective efforts to support one another, online or in person. The collaboration and love people have shown demonstrates that this too will pass and hope will shine through. The medical advancements alone are astounding. It is only through adversity we have to grow stronger and we have. Thank you to all the parents who came in to school to meet with teachers so we stay focused on the steady development of all our children.

Polite reminder:

Our uniform very specifically went to all black trainers and leggings or joggers so that children are ready for sport daily without needing to change. The trainers enable them to safely climb and run without falling and hurting themselves as frequently.

They are all black so that we do not have named brands or labels that not only label the attire but also the child as having or not having. We have been more understanding with uniform because we know that some people are not working as much as they had but our policy is all black trainers so do stick to it.

Thank you.

Routine reminders, to make sure you get through to the right person please direct your call on 02079874889 to the following:

<input type="checkbox"/> Reporting your child's absence	The office from 7:00am
<input type="checkbox"/> Lunches & afterschool	The office from 9:30—11:00
<input type="checkbox"/> Class, learning or a behaviour call back or teacher meeting	The office to request a class call back or teacher meeting
<input type="checkbox"/> Home support	Mrs Sablon before 3pm
<input type="checkbox"/> Safeguarding concerns	Head teacher or Deputy to request call back or meeting
<input type="checkbox"/> Special Educational Needs & disabilities	The office for a call back from SENDco—Rachel Prowting Lissane Go—S&L therapist Clemmie— Play therapist

SUITABLE FOR REGULAR
CYCLISTS LOOKING TO
PROGRESS CYCLE SKILLS
TO THE NEXT LEVEL
NO COMPLETE BEGINNERS.

FREE* FAMILY CYCLE TRAINING

AUTUMN DATES 2021

Mon 25 OCT
Tue 26 OCT
& Thu 28 OCT

Times: 10:00- 12:00

IN EAST SIDE VICTORIA PARK
ENTERING FROM PARNELL ROAD
POSTCODE E3 2LA

VICTORIA PARK



TOWER HAMLETS



bikeworks

DR BIKE
ON 25TH OCT
09:00AM -
12PM!

BOOK YOUR PLACE ON

**[WWW.BIKeworks.ORG.UK/
TOWER-HAMLETS-CYCLE-
TRAINING](http://WWW.BIKeworks.ORG.UK/TOWER-HAMLETS-CYCLE-TRAINING)**

***REFUNDABLE £10 DEPOSIT PER FAMILY**



Well done to our Stars of the Week!



Happy Birthday!



Aleksandra Swierczynska	24th October 2021	Fahida Hussain	20th October 2016
Amaan Ali	1st October 2021	Finley Taylor	26th October 2010
Archie Cooper	18th October 2021	Freddie Brooke	11th October 2015
Areebah Rauf	24th October 2021	Geetanshi Kumar	2nd October 2017
Bonnie Friedlander	26th October 2021	Harley Lashley	22nd October 2011
Brenden Folia	17th October 2021	James Harris	27th October 2014
Daniel Obi	29th October 2021	Joseph Knowles	8th October 2013
Elijah Samuel	15th October 2021	Kevin Nguyen	28th October 2012
Elliot Day	9th October 2017	Lexi Suksiri	10th October 2016
Mackenzie Jaques	14th October 2011	Olivia Welch	17th October 2010
Phox Tarsa	15th October 2014	Pixie Siddle	9th October 2015
Stanley Naughton	13th October 2011	Talia Siddle	9th October 2017
Tanjim Ali	14th October 2013	Sumlina Sarker	31st October 2010

Information for parents

Keeping Your Child Safe Online

Free sessions for parents and carers, delivered by the
Parental Engagement Team



Keeping Your Child Safe Online

Are you worried about the amount of time your child is spending online, using social media or playing computer games? Would you like to find out more about your child's online world and pick up some useful tips to help keep them safe?

English, Bengali or Somali at a time to suit you.

Ask your school about the free 'Keeping Children Safe Online' sessions or email parentalengagement@towerhamlets.gov.uk

Our new programme will help you to:

- Manage screen time conflict
- Support children's online learning
- Understand school learning platforms
- Learn about online dangers
- Keep your child safe online

For more information about the sessions and keeping children safe online visit

www.towerhamlets.gov.uk/parentfamilysupport

Sessions to suit you

Sessions are available in person or online and can be delivered in



Parenting programmes

Parenting programmes are a source of support for all parents and offer an opportunity to share experiences, develop an understanding of child development, build positive relationships and learn to deal with challenging behaviour.

Autumn programmes (Sept-Dec 2021)

Programmes are delivered by the Parenting Team and take place in schools, community centres and on online.

Programme	Age range	Information
Strengthening Families Strengthening Communities (SFSC)	2 - 18 years	Aims to increase parental self-esteem and confidence and reduce child behavioural difficulties. Five sessions, shortened version adapted for online. Also available in Bengali and Somali. Evening programme in English.
Triple P Teen	12 - 18 years	For parents to foster positive relationships with their teenager or for those who have concerns about problem behaviour, non-cooperation and aggression or wish to prevent behavioural problems from developing. Eight sessions.
Triple P Group	18 months - 11 years	For parents who wish to build positive relationships with their child, increase self-confidence and develop their skills and techniques for dealing with difficult behaviour. Eight sessions.
Triple P Family Transitions	Birth - 18 years	NEW for 2021. For parents who are experiencing personal distress after separation or divorce, which is impacting on their parenting. Eight sessions.
Triple P Online	18 months - 11 years and 12 - 18 years	An individual online programme for parents to access and complete at their own pace. Practitioner support and guidance to complete the programme is available on request.
Emotional First Aid	All parents	Offers an overview of mental health and wellbeing in relation to parenting. Learn strategies to manage anxieties, identify stress factors, gain a better understanding of ourselves and promote a healthier sense of wellbeing. Six sessions.
Speakeasy	5 - 18 years	For parents to develop the skills and confidence to talk to their children about growing up, relationships and keeping safe. Explores how Relationship and Sex Education (RSE) is taught in schools and the influence on children from media and peers.
The Parent Factor in ADHD	5 - 18 years	A programme for parents with children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD). The course will cover information to help understand the diagnosis and treatment, strategies to support your child and manage difficult behaviour and how to advocate on your child's behalf within the education system.

Parenting one-off discussion groups

The Triple P discussion group series cover a range of topics and parenting concerns.

For parents of children aged 2-11 years

- Encouraging Positive Behaviour
- Managing Fighting and Aggression

For parents of children aged 12-18 years

- Dealing with Emotional Behaviour
- Reducing Family Conflict

Get in touch

The parenting team look forward to receiving enquires from parents, carers, social care colleagues, school staff and other agencies in the borough.

To talk to a parenting practitioner for advice, to book a place or to make a professional referral contact the Tower Hamlets Parenting Team: **Email:** parenting@towerhamlets.gov.uk **Tel:** 020 7364 6398

Year 6 Heart Dissection

Well done to all Year 6 children, families and teachers for taking part in the Heart Dissection to celebrate their topic, Bloodheart! Huge thank you to both Dr Randalls for all their help!

